

The Christ Letters

Understanding the

EGO

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*I have come through the medium of these **Letters** to help you understand exactly what is binding you down in your present conditions, the horror of which was unimaginable by the human mind a century ago.*

I am now about to explain more fully the –

EGO

The Ego

Introduction

In order for one to ascend into the higher dimensions, “The Ego” must be cleansed and Christ gives significant information on this important topic.

For the purpose of aiding the study of “The Ego”, this document outlines all places in The Christ Letters, Articles and Messages where the Ego is mentioned/discussed by Christ along with page references. Should you wish, using the page reference numbers you can continue reading further on a particular section.

NOTE: Page references have been provided in the follow format to aid study from the [PDF file](#), the [Original Transcripts](#) or the print book:

PDF = the full [PDF file](#) study guide

D = document page number within the [PDF file](#)

O = Original Transcripts (Letters/Articles/Messages) are provided [HERE](#)

B = the print book [Christ Returns - Speaks His Truth - Expanded Edition](#)

Resources for The Christ Letters

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New Beginnings statements read in a male voice:**

<https://drive.google.com/drive/folders/0B9GYIkLj6SjNRkc0S0JTOU8tLTg>

Letter 1

PDF21 - D8 - O2- B5

... people did not yet know how to **mentally direct Divine Power into spiritual rather than 'ego' channels of creativity.**

Consequently, the expansion of 'collective consciousness' brought 'evil' results arising out of the 'ego power' as well as the 'good' results produced by the 'spiritual consciousness' of inspired and enlightened people.

Letter 1

PDF22 - D9 - O3- B6

Scientists thought they could explain away the origins of creation and ascribe them to accident. As a direct result – people ditched morality and began to give way utterly to self-will.

They set in motion a new momentum of menace in the world, for they began to create a new form of ‘world ego-consciousness’ directly in opposition to the NATURE of the Divine – UNCONDITIONAL LOVE. The human consciousness blocked the inflow of the Divine.

NOTE WELL: The ever-increasing lurid imaginings of a few people, which would have been contained locally, a century ago, now became a –

CONTAGIOUS MENTAL INFECTION

glorified in literature, films, theatre,

– spreading worldwide, creating a global ‘**Human Consciousness**’ similar to their own, expressed as sexual excesses, violence, and perversions. This ***MENTAL INFECTION first*** manifests as egocentric modes of living and the creation of technical devices – which have created serious health disorders, climatical changes, crop failures, environment deterioration, extinction of living creatures, and wholesale

slaughter of human beings.

Mental Infection manifests in the human personality as deranged and destructive behaviour, drug-taking, abominable cruelty and depravity, gangster operations, and sexual excesses. Thus has a vicious circle of malignancy and perversions of thought and activities been created by entertainment and media magnates. The purpose – to capture egocentric public vested interest.

Your TV and Cinema screen has become the new Bible of human behaviour.

Letter 1

PDF24 - D11 - O4 - B8

I, the CHRIST, have come expressly to tell you the *truth about the origins of the 'human personality'*. I will explain exactly why and how mankind has been given a natural inbuilt propensity for self-will and a controlling desire for self-gratification and self-defense.

This is not sin – but part of the natural creative processes.

There is no 'punishment' from on high!

Men, through the willful and harmful exercise of their 'Ego-Power', draw to themselves their own punishment.

Letter 1

PDF32 - D19 - O11 - B15

For all my many shortcomings as a human being, my careless, easy, indolent attitudes, my self-will and ego-centric determination to think my own thoughts irrespective of what others might try to tell me, I cared about people very deeply.

I was deeply emotional. In your present speech forms, you would call me ‘over-reactive’, ‘over-emotional’. I had a warm, compassionate, empathetic heart. I was deeply moved in the presence of sickness, affliction and poverty. I was a staunch supporter of what you call the ‘underdog’. You might say I was a ‘people’s person’. I lived with them closely, in a spirit of camaraderie; I listened to their woes, understood, and cared.

It is important to understand my true origins and my early youthful characteristics because these were the goads which pushed and prodded me into eventual Christhood.

Letter 1

PDF53 - D39 - O28 - B33

...I remembered that creation had its own special purposes to fulfill. The individualizing process had created the ‘pull and push’, the ‘give and take’ in human behaviour. Although these human characteristics caused people great anguish in their lives, was it not the anguish which forced them to seek better ways to *live* in order to find true happiness? I realised that the ills of mankind had their place in the human scheme of existence.

Was it right for me to bring privileged information to people in order to nullify the effects of the ‘individualizing process’?

I realised I had been thinking from the ‘central point’ of my individuality, the ‘ego’, and it was the ego-drive which built barriers between mankind and ‘**Father-Creative Consciousness**’. Therefore, my ‘central point of human desiring’ would have to be conquered if I was to live in perfect harmony with my ‘Father’ as was my sincere intention. And so I continued on my way, pondering what might lie ahead and how I might best overcome the impulses governing my humanhood in order to remain in the Flow of ‘Father Consciousness’ from which I would draw inspiration, guidance, answers to problems, my daily nourishment, daily health, daily protection. In fact, I realised that whilst I remained within this daily Flow of ‘Father Consciousness’, no harm could ever

come near me and my every need would be met.

And more importantly – the ‘Father Consciousness’ working through me would do whatever was required for people in dire need of healing and comfort.

At all times, I must overcome my rebelliousness against the harsh realities of existence and listen to the ‘inner voice’ and conform to the ‘Higher Will’ of the ‘Father’. This ‘Higher Will’ was ‘Perfect Love’ directed entirely at promoting my highest good. It would be extremely foolish, I realised, to continue along the path of ‘self-will’ which had dictated my behaviour to that time.

Letter 1

PDF54 - D41 - O29 - B34

Remember, unless you can become as a **‘child’** – (getting rid of a useless clutter of beliefs, prejudices, resentments, ambitions, and ego-drive) with a mind filled with wonder and utmost faith, you will not be able to absorb these pages as you should.

To become a ‘child’, you must make an effort to shed all past mental conditioning.

If you are mentally/emotionally/physically suffering, it is only because whatever have been your most sincere beliefs, they have not been helpful to you; they have not promoted your well-being.

Letter 2 (no references)

There are no references to the Ego in Letter 2

Letter 3

PDF110 - D97 - O4 - B87

People are seeking new ways to resolve old problems, particularly in America, but until they understand the true nature of LIFE, the ego, and the Laws of Existence, they will but strengthen the pull of the 'ego' and their pain will continue.

Remember, as I record for you in the following pages, the simple Truth I spoke two millennia ago, this Truth remains constant and consistent.

Therefore, it is only possible to deepen your understanding of Truth, not to alter it.

Letter 3

PDF138 - D125 - O27 - B111

... I want you to know that the ‘individualised consciousness’ which has ascended in vibrational frequencies to the very portals of the **Universal Creative Dimension** becomes **LIGHT INDIVIDUALISED**, an **INDIVIDUALISED CONSCIOUSNESS** which needs no body in which to express and enjoy all that the **GLORIOUS CONSCIOUSNESS** can devise in the highest **SPIRITUAL REALMS**. It is a supreme and enraptured state of being having none of the needs, desires, impulses experienced by those who have not fully mounted high beyond and above the ego.

Whilst living on earth, your minds remain anchored within certain parameters of vibrational frequencies, imprisoned in bodies which have their own needs. If your consciousness were to truly soar beyond these parameters, your earthly self would disappear. When I was trapped in a body, I was also largely confined to these parameters of vibrational frequencies and consciousness.

However – little by little – you will be led by those minds which are sensitive enough to access the higher spiritual dimensions and can thus move beyond your present consciousness boundaries. They will record for you those wondrous experiences and states of being beyond your own, to which you yourselves will then be able to aspire. In this way,

you go forwards in levels or steps of spiritual development.

Each step brings you a higher vision of what can be achieved and out of this vision you formulate a new goal. With this goal ever before you, you work to cleanse yourself of the contaminating influence of the 'bonding-rejection' impulses of your earthly existence. Step by step you transcend your ego.

When you transcend your ego and it dies within your consciousness, you are now abundantly alive within the '**Father Love Consciousness**' and find the reality of the Kingdom of Heaven in your lives, within yourself and in your environment.

Letter 4

Original Transcript was numbered 3.A

PDF144 - D131 - O3 - B115

I have come to say there will indeed be a sorting of the ‘goats’ from the ‘sheep’ as has been recorded in the gospels in the Bible. The ‘sheep’ refer to those souls who can peacefully receive the highest spiritual truth yet dispensed on earth. The ‘goats’ refer to those who do not have the capacity to listen to anyone or anything because they have too great a rebellious spirit and ego-drive.

Why will they be separated at this time? They will be separated because those who are able to receive the truth contained within these pages, and to live by the guidelines of the **Laws of Existence** will find that although the next period of world history will be bitter indeed, they will continue in comparative peace and protection, fulfilment of need and upliftment of spirit.

The ‘goats’, unfortunately, will have to endure all the horrific force of their innate rebellious consciousness.

This is NOT a punishment from Someone on High – but a natural working out of the Law of Existence: what you carry in your minds and hearts will eventually externalise in your body, life and environment. When you resist and rebel, life offers resistance to you in the fulfilment of your desires.

Letter 4

Original Transcript was numbered 3.A

PDF163 - D150 - O19 - B132

What is in your mind will surely come into being in the world. So do not fool yourself that you can daydream and conjure up pictures pleasing to yourself which will damage no one else. For this reason, your pornography literature is truly a blasphemous desecration of your **SOURCE of BEING** – it is a sexual scourge deliberately whipping up sexual appetites, releasing through lustful men’s minds, untold suffering and misery on the bodies, minds and emotions of female young. What you have perpetrated and are presently doing has helped bring your ‘civilisation’ to its present edge of destruction. Rest assured, the day of reckoning will come for you who publish and distribute the ‘printed sickness’ and it will come for those who use it to arouse themselves.

You, in the Western world, have earned the contempt of the East due to your decadent foolishness. You will not escape what you have sown.

And you of the East will not escape your foolishness in your callous attitudes towards your women who bear and raise your sons and precious daughters.

Some of you, in ignorance of Truth, for your own selfish purposes and gain, have made a mockery of the **Truth of Muhammad!**

You have shrouded your women in heavy garments, denying them freedom of movement and of Allah's fresh air as they venture out amongst other people.

To what kind of man will your beliefs and your irrational, ego-centric behaviour appeal? Only to men who have no kindly feeling for women. Is it such followers that your Prophet Muhammad would have attracted when he was on earth? No, indeed, he appealed only to the most spiritually minded of people.

What kind of imagery or picture of your Prophet are you sending out to the rest of the world?

I will tell you – of a man demented and obsessed by the lowly state of the female sex, who regarded a woman as a man's possession to be imprisoned from the world.

A man unaware of a woman's true needs to be happy, a man oblivious of her misery **in the captive, subjected state.**

This man has nothing whatever to do with the true Muhammad, the Prophet of Islam. When on earth, he revered and respected the female sex.

Letter 4

Original Transcript was numbered 3.A

PDF169 - D156 - O23 - B137

Just as the **Man** must learn to channel, daily, the ‘**Father Aspect**’ of Divine Consciousness towards family and work, so must Woman learn to express the ‘**Mother Aspect**’ of **Divine Consciousness** in her daily life.

Those who deny this Truth will be denied access to the Celestial Kingdoms until they have increased their spiritual perception, and prayerfully changed their attitudes. Only when their vision is lifted above the earthly human perception of ‘male and female’ – and beyond their earthly desires and ego-drive – to the *Reality* out of which they have drawn their ‘being’, will they escape the wheel of reincarnation and find entrance to the ultimate Joy and Glory.

If, within a culture, a woman is regarded only as a ‘possession’, an object of a man’s desires, and not treated as a woman, absolutely equal with a man, such a culture has not understood the true nature of man and the true nature of woman.

Man and woman are two equal halves of one whole.

When single and alone the man is manifesting but one aspect of his **SOURCE OF BEING** and when woman lives alone and single, she also manifests but one aspect of her **SOURCE of BEING**.

Letter 4

Original Transcript was numbered 3.A

PDF177 - D164 - O30 - B144

As many of you are aware, you are entering a new phase of world history, during the course of which it will be realised that no longer is the great divide between the wealthy and the poor.

The great divide will be in **consciousness**. The divide will be between those who have been able to find entrance into the higher spiritual consciousness and radiate love and acceptance equally to all – friends and foes – and who make it their goal to radiate **Divine Consciousness** into every facet of their daily lives – and those who remain encased within their ego-drives, seeking domination of the weak. They may appear to succeed for a while – but eventually they will fail and their suffering in their self-created darkness will be great.

Letter 5

Original Transcript was numbered 4.A

PDF183 - D170 - O4 - B150

I am here to tell you that when you have purified your consciousness of the gross human thoughts and feelings pertaining to the ego-drive, and persevere in meditation and a lifting up of your consciousness to the **Universal**, you will begin to feel the spiritual power invading your mind and eventually your whole body.

Therefore, my teachings are *exclusively* directed at assisting you to open your consciousness to newness of life, vitality and spiritual power that you may abandon your old way of limited and dissatisfied living and find a new source of inner joy and fulfilment of your every need.

Think about this statement. I have not brought you any ‘should’s’ or ‘should not’s’ or frustrating restrictions you, yourselves, do not want to impose on yourselves. I have certainly come to tell you how your ‘consciousness forms’ have life within them and eventually manifest in your world but I leave it to your good sense to choose the healthy thoughts, the loving actions, and the right path leading to joy and fulfilment when you realise the true nature of creation.

Letter 5

Original Transcript was numbered 4.A

PDF186 - D173 - O7 - B153

...true contact with the **Source of your Being**, is only experienced when you have sufficiently cleansed your consciousness of the gross human ego-drive and have spent some time in meditation and a regular *emotionally powerful* 'reaching out' in consciousness to your **Source** seeking contact and renewal and refreshment of spirit.

Letter 5

Original Transcript was numbered 4.A

PDF189 - D176 - O10 - B156

When men of science attempted to announce their discoveries and theories, they were forced to describe their new beliefs in the presence of enormous religious opposition. Consequently, they found it necessary to concentrate much of their mental energy on proving the Prophets' pronouncements wrong. In doing so, their agenda caused them to lose clarity of vision and they also became ego-driven. Thereafter, any **intuitive perception** proposed by the scientific fraternity was derided and rejected out of hand by other scientists. Because of this mental climate, the pendulum of the search for 'Truth' swung solely to an undeviating belief in reason and logic, thus imprisoning the human intellect in materialism for the answers to the origins of life and existence.

Therefore, it is absolutely necessary for me to refute some of the 'scientific theories' and show them to be as erroneous as are the so-called 'truths' of Christian Doctrine. In arriving at some of these 'theories', scientist and churchman alike have dipped into the realms of unproven preposterous suppositions to answer questions which have previously been unanswerable by the earthly mind only.

Letter 5

Original Transcript was numbered 4.A

PDF219 - D206 - O33 - B183

I asked the Creator – ‘**Universal Consciousness**’ – why mankind has endured so much suffering and evil.

I was then shown very clearly that all the problems experienced by humans arose from the ‘central point’ of the self, (science now calls this the ‘ego’).

It manifested itself in the ‘personality’ –

- as a **DRIVING NEED** to defend the self from criticism or emotional/physical attack
- and a similar **DRIVING NEED** to push aside other people, in order to arrive first in the race of life.

It also manifested itself in the ‘personality’ –

- as a **DRIVING NEED** to take all that was best for the self, despite the opposition of others
- and a similar **DRIVING NEED** to hold on to personal possessions, be they relatives, friends, material goods or achievements, despite any opposition.

I was also made to understand that without these **TWO** fundamental, eternal, undeviating **‘impulses of creative being’** there would be no **creation**.

This is the secret of creation – and the secret of existence and of ‘individual being’.

Letter 5

Original Transcript was numbered 4.A

PDF220 - D207 - O34 - B184

I saw that the ‘core’ of the ‘**Personality**’ or ‘**ego**’ as it is now called, had
been created

‘GUARDIAN of PERSONALITY’

and was irresistibly imprinted with the **magnetic impulse** to ensure
PRIVACY and SURVIVAL.

For the protection of the individual ‘**I**’ness

This was accomplished by using the

two faces of the second Impulse of Being

BONDING – REJECTION to secure individuality.

The **face** of **BONDING** drags, draws, attracts, demands, pulls, buys, grabs, clutches, clings to the people and possessions it craves. This **IMPULSE** creates an illusion of security in togetherness and possessions. It is the ‘**tool**’ of ‘**MOTHER CONSCIOUSNESS**’ inspiring the building of families, communities and nations. It can be productive of beauty, joy, harmony and love. It can also wreck lives and destroy communities when it is ‘Ego’ driven.

The **face** of **REJECTION** repels, thrusts aside, pushes away, evades, everything – people, animals, possessions – it does not want. Thus the **IMPULSE of REJECTION** creates an illusion of privacy and security.

It is the **IMPULSE** that urges rifts in families, relationships, communities and nations. It is supposedly geared to saving lives, ensuring protection and privacy but is a destructive force when it is ‘Ego’ driven.

Without these **TWIN IMPULSES OF BEING**, all things would have remained forever merged into one another within the eternal timelessness of ‘**UNIVERSAL CREATIVE POWER in equilibrium**’.

Without these **TWIN IMPULSES**, there would be no interplay of ‘**give and take**’ and ‘**pull and push**’ necessary to the creation of the millions of personal experiences out of which ‘personality’ grows and evolves.

Therefore, the problem of ‘personality’ and the ‘ego-drive’ endured by all living things and mankind was/is an irrevocable, unavoidable fact of creation. Any other explanation is pure myth.

Letter 5

Original Transcript was numbered 4.A

PDF223 - D210 - O37 - B187

My 'thinking' when fully cleansed of the twin impulses of 'ego' – and fully receptive of the 'Father-Mother Creative Power' INTELLIGENCE/LOVE would reintroduce

the condition of

'PERFECT INTELLIGENT LOVE'.

Therefore, a condition previously made imperfect as a result of 'imperfect thought' could be brought back into a condition of 'wholeness' again by changing ego attitudes and thoughts to those of UNCONDITIONAL LOVE.

**My mind was a 'tool' of the whole creative process
originating in the UNIVERSAL.**

Now that I knew this was so – *knew it spiritually, intellectually, emotionally*, I realised I could and must take steps to overcome the **TWIN IMPULSES** of **EGO** previously governing my mind, in order to allow the *DIVINE REALITY* full scope through my mind and brain.

This is why there was a struggle between my humanly entrenched Ego and my ‘**Father-Mother-Consciousness**’ during the very strident temptations I experienced at the end of my enlightenment in the desert. **Satan had nothing to do with the tug-of-war which took place within my consciousness.** The war was waged between the –

TWIN IMPULSES OF INDIVIDUALITY – Bonding-Rejection
and the **DIVINE REALITY** which had made **ITSELF**
known to me as

INTELLIGENT LOVE-LIFE

transcendent, yet within me and which would gradually take over my individuality to an ever greater extent if I continually meditated and cleared my consciousness of selfish impulses.

Letter 6

Original Transcript was numbered 4.B

PDF226 - D213 - O1 - B189

As most of you must realise: I have NOT come to you at this time to bring you a new religion, a better moral code, or a new ‘God’ to worship. Nor, like your metaphysicians, do I preach ‘positive thinking’. Your humanly conceived ‘positive thinking’, magnetising to yourselves your human needs and desires, and the means to fulfill your ambitions, only strengthens your ego-drive.

All things blest and bountiful will be manifested in you and your life as and when you realise that: the entire universe is transcendent **UNIVERSAL CONSCIOUSNESS** made visible when **IT** takes on material form through the activity of the ego.

Your true purpose in your spiritual journey, is to break free of the bondage of the ego and make ever more **pure** contact with **DIVINE CONSCIOUSNESS**. **It is your eventual destiny to recognize ITS omnipresence both within yourself and throughout your daily activities.**

Your highest spiritual goal is to come to that spiritually exalted moment when you finally realise that your human mind and its desires are only finite – and therefore, can never bring you the

happiness and fulfilment you will experience when you lay down your selfhood and come to DIVINE CONSCIOUSNESS asking ONLY for the Higher Way, more Abundant Life, and the true spiritual PURPOSE which you alone can accomplish in your earthly state.

However, to help you reach this high point of realisation, I am about to enlarge on the origins and function of the EGO.

As I contemplate your world, I see a dimension presently controlled by EGO FORCE.

Every evil thing IN YOUR PRESENT DECADENT SOCIETY in your vast soulless cities, arises out of Ego Force. It is the source of every wicked, lying, perverted activity presently in operation on your planet. It controls the media, your TV, your families, nations. It is productive of wars all over your globe. It creates a foul miasma of low consciousness energies perceivable by Higher Spiritual Entities – but too horrible to contemplate.

If your present consciousness is permeated with love of possessions and an inability to share with others, devising ways and means to become rich at the expense of others, stealing, failing to perform your work conscientiously or give good value for money, snapping, snarling, indulging in criticism, sarcasm, judgementalism, rejection, denigration, enmity, intolerance, hatred, jealousy, aggression, violent impulses, thieving, falsehoods, double and devious dealings, slander

– you are ego-driven. Your ego is in control and you will find it difficult to move through the miasma of ego-consciousness to be able to see *Reality*.

For this reason, I have come through the medium of these **Letters** to help you understand exactly what is binding you down in your present conditions, the horror of which was unimaginable by the human mind a century ago.

I am now about to explain more fully the –

EGO

AT THE TIME OF YOUR CONCEPTION, during intercourse, as your father's consciousness rose, via his spine, ever higher to the top of his head, and tension mounted towards its climax, your father's consciousness briefly touched **DIVINE CONSCIOUSNESS** creating a flash point, a small explosion, which he experienced as orgasm, and thereafter an injection of

DIVINE CONSCIOUSNESS

was infused in his semen

to give life to the mother's ovum.

The moment of union with woman and explosion of tension in a man at the time of orgasm, reenacts the time of the Big Bang, when the UNITY of 'Father-Mother-Consciousness' exploded into separate energies and the first electrical particles and random 'matter' took form. 'Father Consciousness' provided the energy of 'activity and momentum', and 'Mother Consciousness' provided the 'bonding' to give form and substance to the electrical particles.

These are PRIMAL IMPULSES which give life and form to man and woman.

I want you to understand that creation is not a creation of 'matter' imbued with consciousness.

Creation is the visible form of **PRIMAL IMPULSES** drawn and bonded into individual shapes and entities all *expressing* differing facets and combinations of the **PRIMAL IMPULSES** in a myriad of ways.

Therefore, the **PRIMAL IMPULSES** are the *Reality* which your eyes, ears, smell, touch, tell you are solid 'matter' but are really **CONSCIOUSNESS IMPULSES** individualised in order to be experienced, intellectually understood and appreciated emotionally.

At the time of conception when semen unites with ovum and a mating takes place, male **consciousness** chromosomes bond with female **consciousness** chromosomes. This is a physical union of your father's own **consciousness of semen** and mother's own **consciousness of ovum** powered by the **Divine**. Thus, do the male and female **consciousness** chromosomes carry the imprint of genetic DNA from both parents. The moment of physical union of semen and ovum is conducted on two levels of creativity.

The **injection** of **DIVINE CONSCIOUSNESS** became your **SOUL** embodied within the **human consciousness** union of semen and ovum. Physicality was created, powered by **'Father-Mother-Life-Consciousness'** which controlled the **activity** and **bonding** of **conscious** cells, producing the gradual growth and development of your physical body – which is really **consciousness** made visible on every level of your being – and nothing else.

Your soul remained as an inviolate 'flame' (metaphor) of **'Father-Mother-LIFE'** deeply enmeshed within the physical drives of:

ACTIVITY – BONDING/REPULSION

These became your earthly individuality and personality.

Incorporated within the transcendent **LIFE IMPULSES** of **'Divine Father-Mother Consciousness'**, these consciousness **impulses** now took over the process of your physical consciousness creation and became the driving force behind your personality. Together,

‘Activity-Bonding’ laboured to build conscious cell by conscious cell according to the consciousness specifications contained in the consciousness DNA molecules. Both personality and body are the product of these human impulses of **‘Activity-Bonding/Repulsion’**. Whilst **UNIVERSAL CONSCIOUSNESS** remains forever within equilibrium in the **space**, and therefore, undetectable – in that self-same **space**, in **frequencies of vibration**, the primal impulses of **‘Activity-Bonding/Rejection’** work together in the visible dimension appearing to your senses in the form of electromagnetism.

Both **UNIVERSAL CONSCIOUSNESS** and your **soul** remain undisturbed within the silence and stillness of equilibrium in space. The earthly consciousness creativity takes place within space and time and varying frequencies of vibration of materialised consciousness.

Therefore, you take on living form and continue to exist within two dimensions. One dimension is Unseen, the **DIVINE CONSCIOUSNESS** – and the other visible dimension is all that the living human being can sense or comprehend until spiritual development lifts its human consciousness frequencies of vibration to the spiritual plane and a glimmer of understanding enters its earthly consciousness. As this process of gradual enlightenment proceeds, the uplifted human consciousness then works consciously, both within the **Unseen** and the visible dimension.

The higher the frequencies of vibration of individualised consciousness, the higher and more perfect are the forms created in the mind – the

lower the frequencies of vibration, the more divorced from **Universal Perfection of Love** are the forms created in the individualised mind wholly possessed by the ego-drive.

The **EGO** takes over control of your developing foetus from the time of the union of the semen and ovum. The new little being became an 'I' immediately, feeling satisfaction and dissatisfaction in the womb depending on its sense of comfort or discomfort and what was happening to mother.

When you were born, your instincts of survival imprinted with the deep primeval knowledge of 'created beingness' buried in each living cell of your body, prompted you to breathe, and become aware of an emotional emptiness and deprivation at your separation from the comfort of the confining womb, which was then felt as a physical emptiness and need for physical nourishment.

Thus was your ego cry born.

When you cried you were given nourishment by mother which was deeply satisfying – both physically and emotionally. When your needs were fully met, you could slip back into a state of equilibrium within sleep.

When you woke from your equilibrium, you felt a sense of insecurity (the equilibrium now divided into mental and emotional awareness), you remembered that mother and milk created a fulfilment of needy

insecurity, and so again, you cried. Your needs were fulfilled.

So did your **ego-drive** develop.

Sometimes, you cried and it was humanly decreed that it was not yet feeding time and you were left to cry for a while. This built up an awareness that needs were not always satisfied immediately and you would have to adapt. You either chose anger and cried more vigorously – or lapsed into acceptance. Your choice of reaction depended on the characteristics of ‘**ego-drive**’ imprinted in your consciousness at birth.

Neither forms of ego-drive were to be condemned or judged. They were the natural result of the **Creative Factor** of **Ego** which ensures **INDIVIDUALITY**.

As I have explained in my last **Letter – EGO** is the:

GUARDIAN of INDIVIDUALITY

If you did not have this inbuilt impulse to ‘cry’ for what you want to make you happy or reject what makes you sad, you would be in a limbo of nothingness.

If you did not run when faced with danger or did not call for help when in danger – you might die.

If you had not cried – ‘demanded’ food – when you were born, you might have starved.

If you had not welcomed mother’s milk and nuzzled her warmly, you might never have developed a close caring bond with her.

Without the **EGO-DRIVE** there would be no creation, no individuality, no fulfilment of need, no protection, no warmth of response and no human love.

Without the **EGO-DRIVE** there would be no self-defense, no self-protection, no survival.

However, the **EGO-DRIVE** – primarily the ‘I’ of the individual, is imprinted only with the need for **SELF-SATISFACTION** and **SURVIVAL**.

In childhood, the ‘I’ of the ego is governed by likes and dislikes, wants and rejection of what is not wanted and by habits formed by a constant repetition of feelings. Bad habits in the form of unacceptable ego responses to personal experiences and the environment are formed and these are, in turn, imprinted in the unconscious – or subconscious mind – and remain hidden. However, they erupt into repeated behaviour patterns when the ‘memory’ of previous circumstances and modes of behaviour unconsciously bring them to mind.

Now, the subconscious mind and the conscious mind begin to work together to develop the personality.

Much of the behaviour becomes ‘conditioned behaviour’ and very difficult to break. When the person is unconsciously programmed with strong self-centred ego habits of thought and behaviour – and finds it difficult to live with others in harmony – that person then goes to a psychologist for help in unravelling the complexities of the mental/emotional problems.

Until my **Truth of Existence** is fully understood and the life-giving principles become the consistent guidelines of habits of thought and responses to life’s experiences, the pain and suffering arising from the ignorant indulgence of the ego-drives will persist.

The church describes this human difficulty as being a ‘temptation by Satan’. It is no such thing. It is a natural process brought about by the **uncontrolled reactions to life** powered by the **Ego-Drive, whose only purpose is to bring the individual happiness and contentment, fulfilment of need – or – privacy, independence, security, peace all directed at SURVIVAL.**

It must be understood that there is nothing evil about the ego-drive. **It is the necessary tool of creation.**

It is the individual himself who brings about the imbalances in life by allowing the ego-drive full control in his personality without thought or

consideration for other people.

This, too, is not to be judged or criticised, since the person possessed by ego-drive knows no other way to think or operate within the earthly dimension.

The child knows nothing about self-control other than that taught by parents and school teachers.

Therefore, the mistakes it makes in responding to life and its ups-and-downs, can only be accepted in good spirit by parents and teachers, since the child has no understanding of what is driving him.

If he wants something – he WANTS something right away and wonders why he shouldn't have it. There is nothing more in his mind than this. He sees something he likes – he wants it.

It is cruel to tell a child roughly, 'No, you can't have it', his entire system is insulted and assaulted. From earliest babyhood, the training process must be initiated by logic and reassurance – affirming his right to feel secure within his environment. **His sense of security should be developed by explaining the right way to express his wishes. LOVE – not irritation or anger, must choose the words which tell the child why he cannot have what he wants.** The child will hear the message when given in love.

When delivered in anger, it arouses his deepest ego-drives and begins to take form as resentment – overt or hidden or a sense of deep seated frustration which taints the ego, reducing the child’s natural sense of inner validity. A child needs to possess this sense of personal validity and should not be subdued or destroyed.

It requires parents or teachers to point out, very clearly, that other people in the world also have their needs, their rights to their possessions, their desire for peace and pleasure. No one, not even a child – or adult – has the right to upset another person in order to obtain their own satisfaction!

If another youngster hits the child and makes him cry, it is only natural for the ego-drive to want to fight back – he is programmed to defend himself against the other child.

It calls for parents and teachers to point out that a ‘payback’, revenge in conflict, only **escalates**, bringing more pain to each child, and for this reason, ‘payback’ is entirely pointless.

Better to **LAUGH** and turn away. And rather than allow the irritation and hurt in the mind to continue, better still to take the problem to **DIVINE CONSCIOUSNESS in prayer** and ask for the hurt to be removed from his consciousness, and seek a means of reconciliation.

A child should also be taught to take time to understand that he and the other child are equally children born of the **Divine Moment**. When a

child is spiritually receptive and can make this procedure of recognising his spiritual kinship with other children and all living things, and the ‘rights of others equal with his own’, into a habit, he will have been given the greatest spiritual gift possible. In such a way, is the ego-drive weakened by the practical daily application of inspirational love, whilst the central ‘I’ness of the child remains strong and self-confident.

The child should be taught the benefits of laughter which I will describe and explain in a later **Letter**.

Therefore, skilled and insightful **teaching** is absolutely necessary to steer the child into an appreciation of the rights of other people – **EQUAL WITH THEIR OWN RIGHTS**.

This is the spiritual law which should dominate the home and the classroom. Any other law by which to judge circumstances is faulty and lacking in balance.

The best teaching will rely – not on the will of the teacher – the ‘because I say so’ attitude – but on a systematic reference in every circumstance to ‘brotherly love’ and the equal rights of others.

At the same time, a child should not be indoctrinated in ‘self-sacrifice’ since this type of **caring must be willing and born only of the individual’s spiritual perceptions and goals**.

Self-sacrifice is born of spiritual enlightenment, of a higher road to follow, of denial of the little self to remove the ego barriers obstructing

attunement with the universality of **Divine Consciousness**. True enlightened Self-sacrifice brings a spiritual consciousness to the heights of joy. There is no sense of loss in any form.

To better describe the reality of **the soul** and the **ego**, I want you to cup your hands together, finger tips touching finger tips and wrists together, leaving a space between your cupped hands.

Your hands represent the **‘human consciousness shell’** of a person – the ego.

The **SPACE** correctly represents the **SOUL** born of the **‘Father-Mother-Consciousness-Life’** at the moment of your conception. Whilst to human senses it appears to be ‘nothingness’, it is, in fact, an **off-shoot of the ALLNESS and WHOLENESS of DIVINE CONSCIOUSNESS** out of which all created things have taken form.

Your hands with the space between represent the ‘I’.

Your right and left hands represent two potent forces of the magnetic ego-drive. They represent forces of ‘bonding-rejection, but at the same time, quite rightly, they are the physical representation of the physical energies known to science as magnetism – ‘Bonding and Repulsion’.

Bend back your right hand from the other one and visualise that you use this right hand to ‘get what you want out of life’. It represents, also, what

your human consciousness perceives as the ‘grasping’ attitude to life.

Give time to this exercise and fully realise your right hand represents the magnetic pull, the bonding, the attraction, the gravity evident in all of nature. It is the source of all ‘wanting’ and ‘desiring’. It is the **magnetic impulse** which is always directed at getting what is necessary or greatly desired and pleasurable in life. This **magnetic impulse** is ‘**spiritually intended**’ to be directed towards constructive purposes. Gaining, holding, building, achieving.

Were there no other people or living things in the world, the magnetic impulse could have full sway in a personality and no harm done.

It is only when ‘other people’ or living creatures or other people’s persons and possessions have to be taken into account, that the uncontrolled ‘**magnetic impulse to attract, draw, bond, hold, possess**’ becomes a sickness of the personality, if it is not equally balanced with the needs of all other living things.

Return your hand to its original place – cupped with the left hand.

Now pull back your left hand and visualise that this hand represents the ‘magnetic impulse’ to repel, push away, slap, or defend yourself from any unauthorised encroachment on your property or possessions or any attack on your character, family, or work. This left hand represents the ‘**magnetic impulse of rejection**’ which is ‘**spiritually intended**’ to ensure your privacy and save your life. It is a legitimate weapon when

your physical or emotional survival is at stake – always providing you remember that your every action is an electromagnetic/activity-binding/repulsion blueprint in consciousness which rebounds and externalises eventually in the form of a similar attack on the self.

The unpleasantness may be criticism from your parent, teacher, employer, and the words of self-defense which spring to mind and jump out of your mouth are ego-words wholly given to self-defense, expressing the magnetic drive of repulsion and rejection. And as your ego words of attack flare up into angry speech, so is the ego of your critic similarly threatened and it also rises up in him/her as words of self-defense against you. What may have started out as a necessary and adult action of ‘pointing out some error and a better way to do’, is frequently immediately seen **by a self-centred sensitive ego**, as a personal attack. What should have been a **moment** of growth, develops into a **time** of conflict, anger, possibly tears, ongoing resentment and mutual hostility.

In such swift unexpected **unnecessary** ways, conflict is generated in the mind, expressed in words – even actions, and perpetuated through resentment and hatred.

Remember that every activity of the mind – the mental thought and the emotional reactions of attraction and repulsion are all **consciousness energies of creativity**. These consciousness energies not only create the unpleasant rebound forms, but they develop the direction of the

character and even affect relationships generally and the environment ... and they reduce the life vitality of the body, leading directly to a sense of physical malaise, viral infection or long term disease.

The higher way, when under attack of any kind – a way having only constructive repercussions – is to remember you can instantly call upon **DIVINE CONSCIOUSNESS** from which you will draw instant protection in any eventuality. But this is only possible if you can move beyond the ‘**magnetic ego-drive of resistance**’ in the perfect assurance that **DIVINE CONSCIOUSNESS** meets your every need.

Now return your left hand to its original position with the right hand.

Realise that throughout this exercise, the **SPACE** between your hands has remained the **SPACE**.

It has not been involved in any of the activity of the hands. And so is it with your **SOUL** when your **ego** is busily at work, second by second, always and forever on the alert to fulfill your needs and defend you from any unpleasantness. The **DIVINE CONSCIOUSNESS of your SOUL** remains hidden although It is always within you.

When I was on earth, I spoke to the people about ‘the Kingdom of Heaven’. I said it was within you. So it is. It is your soul. It is the haven of equilibrium of the **DIVINE CONSCIOUSNESS** which gave you being as a future man or woman.

I greatly long to be able to put into your minds a broad view of your **SOURCE of BEING** to enable you to perceive a little more clearly your beginnings – from whence you have come.

You must also understand at all times that when I speak a word of description of **THAT WHICH IS TRULY UNKNOWABLE**, I am, myself, standing in the very highest, infinitesimal frequencies of vibration on the very edge of the **GREAT UNIVERSAL EQUILIBRIUM** out of which all things have drawn their being and taken on their form.

If I speak of a mountain, a picture will come to your mind, but you will not know the immensity of its structure, the endurance of its rock, its ravines and peaks and caverns, the snow which caps it in all seasons, the waterfalls cascading into pools when its glaciers melt. For you to gain a glimpse of the grandeur of the mountain, I would have to go into a detailed description of its every nook and cranny. Even after the most detailed **verbal** explanations, you would still have only imagined mental pictures to draw on. You would still not **KNOW** the mountain.

If I speak of a hurricane, I can bring to your mind – trees bowing to the ground, bent by the tremendous winds, walls crumbling, rafters broken, bricks and roofs flying, windows shattered, cars overturned, great trees uprooted, but you will never know the force and the noise of that wind, the crash of falling masonry, or the terror it generates in people's hearts who have to endure it, until you have experienced it for yourself. And so is it when I try to describe for you, **'THAT' WHICH BROUGHT ALL**

CREATION INTO BEING. You can only guess, not KNOW.

It will only be after you have experienced all I have spoken about – for yourself – that you will begin to gain some idea of what I am trying to tell you. Therefore, let no one who reads my **Letters** dispute with another or deny the truth of what I am teaching you – or refute my words – for I tell you truly that you cannot fully **know** what you have not experienced.

It is only those who will follow me in acceptance and faith into daily meditation, the cleansing of consciousness, and impassioned prayer for enlightenment, who will eventually gain ever deepening glimpses – then experiences – of what creation **itself** may access – **Divine Consciousness.**

Letter 6

Original Transcript was numbered 4.B

PDF241 - D228 - O12 - B202

To fully understand the **nature of creation**: the reasons why the ego functions as it does, why created entities feel the urges they feel, it must be understood that the **NATURE and QUALITY of UNIVERSAL CONSCIOUSNESS** is **RADIANT JOY – FULFILMENT – HAPPINESS.**

THIS IS WHAT I TERMED THE ‘KINGDOM OF HEAVEN WITHIN YOU’ – WITHIN YOUR SOUL – WITHIN THE DEEPEST RECESSES OF YOUR PSYCHE, which is the intermediary between the radiance of your soul and the shadow self of ego.

To return to this transcendent state of glorious, beautiful, happy, harmonious being is your soul’s deepest longing!

It is this enduring longing, this inborn unconscious recollection of equilibrium and peace, joy and harmony, which, through the psyche, prompts the EGO to manipulate the environment on your behalf. Its consistent purpose is to bring you back to your primal original state of glorious ecstasy out of which you drew your soul, being and form.

But the ego can bring about your desired joy and pleasure, *only* by means of the two magnetic/emotional ‘Bonding-Rejection’ impulses – which are only materialised impulses to give you your individuality.

Therefore, the inborn *longing* to rejoin the **SOURCE of BEING** is experienced in the electromagnetic parameters of thought and feeling as ‘More, more, more’ of what gave you a pleasurable feeling, previously. More friends, more house, car, clothes, etc. Each time the ‘more’ has been achieved, there is a little glow of satisfaction, perhaps a showing off to the neighbours to heighten the happiness, (gaining one up on them, and another little glow), and then the novelty dies away, the new possession becomes mundane, the senses are again at rest – in equilibrium – mental tiredness sets in, routine becomes dull and boring.

To generate some life, the ego finds another goal to be achieved to provide excitement and pleasure. Thus, life is an endless chase for personal satisfaction of various kinds leaving the hidden soul, starved, unsatisfied, still longing for something ‘More’ – ‘But what is it my deepest self is craving?’ You ask in desperation.

When a person reaches an understanding of the true source of emptiness and continual inner craving for ‘more of what made me feel good before’, and begins to meditate to make contact with ...‘**THAT**’... **WHICH BROUGHT HIM/HER INTO BEING**, a little of the **Divine Equilibrium** filters through the human consciousness. The emptiness begins to recede.

If indeed such a person catches a true glimpse of the **ETERNAL** and the true goal in life, the longing for more possessions will eventually die a natural death. The desire for 'More' possessions will be gradually replaced with a sincere appreciation of what you already have and a sense of consistent contentment. Through experiences of the miraculous interventions or activity of **DIVINE CONSCIOUSNESS** within the daily life, the human consciousness is greatly uplifted and learns that its daily needs are met in the very best way. Faith is increased and joy enhanced.

This is why I have said to you: I have not come to teach you positive thinking to draw into your orbit the things you want and need. I have come to you expressly to lead you back into the **Kingdom of Heaven**. However, it is not only in the matter of desiring more possessions for yourself that your soul is bound down within its secret dwelling place. The ego also uses the magnetic-emotional drive to 'repel – reject' to ensure your individuality, privacy, and safety. This impulse takes on numerous forms designed to give you a feeling of superiority, or elitism, or protecting you from people whom you consider to be undesirable, or having less social status than yourself. This ego-drive is practised continually and was thought to be perfectly acceptable even by the churches. The truth is: when the soul begins to gain a little control over the ego-drive, it will chide the human personality for its selfishness and exclusivity. It will urge the psyche towards the adoption of unconditional love and a belief in universality and Oneness of all people, no matter who they may be.

Perhaps, now, you can more easily understand how and why the creation of your individuality through the medium of the ego, formed the great ‘physical impulses’ capsule which produced and enclosed your human consciousness – creating both your physical form and your human personality. Since it governs your mind and emotions, thoughts and feelings, it prevents you from making contact with the **SOURCE of your LIFE** and your **SOUL**.

Letter 6

Original Transcript was numbered 4.B

PDF243 - D230 - O14 - B203

YOUR TRUE PURPOSE in life is to gain the mastery of your ego by reaching out in thought and feeling to ... **'THAT'... WHICH YOU SENSE IS BEHIND CREATION** and consistently asking for enlightenment. This is the very first step a person must take towards that glorious moment when he/she will make contact with the **DIVINE** and then move forward by means of continual cleansing of the ego-drive, to the reentry into that 'heavenly state' out of which your soul was born and took its individuality.

And how did this **CREATION of INDIVIDUALITY** come about?

As I said before, **UNIVERSAL CONSCIOUSNESS** reached a high point of mutual restraint and an explosion took place which tore apart the:

IMPULSE of CREATIVE WILL from the **IMPULSE of LOVING PURPOSES** which separated and became active within creation as:

Father Intelligence : Mother Love

seen as

Electricity : Magnetism ‘Bonding – Repulsion’

!

Life

!

Reunified in equilibrium as
DIVINE CONSCIOUSNESS

!

LIFE

Therefore, far from being solid and imponderable ‘matter’, – in reality – the visible world is:

Mind/activity working always in conjunction with emotional/magnetic Bonding – Repulsion. Also known as ‘Attraction – Rejection’.

Father Intelligence: physical electricity

and

Mother Love: physical magnetic ‘Bonding – Rejection together produced a child – the EGO.

!

This IMPULSE of INDIVIDUALITY

was born and took undeviating and consistent form within the energies of creation to ensure that the various electrical forces expressed as protons and electrons and the rest of the ‘particle gang’ excitedly discovered by science, should not fly off uninterruptedly into a distant ‘formless state’ but should be restrained and controlled by the magnetic ‘bonding-rejection’ IMPULSE of Mother

Love to bring about manifested form.

Science may dispute the foregoing paragraphs, since it has been at great pains to describe the various ‘bonding processes’ by applying differing word-terms to the ‘bonding’ energies.

Science is welcome to call the ‘bonding or attraction energies’ by any term they wish, but the fact remains that these energies have taken on form from the grand and primal IMPULSE of MOTHER LOVE, whose PRIMAL CONSCIOUSNESS function is to give form to individuality.

The IMPULSE of ‘Father Intelligent Life’ gives electrical momentum to creation.

The IMPULSE of ‘Mother Loving Purposefulness’ gives the ‘bonding’ to restrain the electrical momentum and bring it under control within the individuality.

The IMPULSE of ‘Mother Loving Purposefulness’ gives the ‘repulsion-rejection’ impulse to ensure the survival of the individuality.

That – is the process of creation.

Science can only approach creation as a spectator. Although its ambassadors are human and experience life for themselves, the human mind can only observe what has been created. It cannot enter into the intimate processes of creation hidden within ‘matter’ and the most basic fields of energy.

Science will never be able to pinpoint the **MOTIVATING FACTOR X** which gives rise to the energies which are in control of the creation of individual form.

But what science has to say on the matter of creation is of little moment to you as an individual.

Science will not change your life-style, health, environment, personal feelings and achievements one iota. What you need to know – and what I have come expressly to tell you – is how to escape the selfish **possessive-protective drive** given you by the **EGO** to ensure your individuality and survival and your inbuilt longing to return to the joy and happiness out of which all creation took **LIFE**.

This provides you with the reason why I originally came to earth and *am coming to you at this present time* – to do something that no scientist can ever do for you – help your soul emerge from the confines of your ego-drive and embark on a new programme of ‘thought-emotional-living’ which will directly express the ‘Father-Mother-Consciousness-Life’ injected into you and all

humanity at the moment of conception.

Because the ego itself possesses the electric momentum of Activity-Creativity and the emotional magnetic impulses of 'Bonding-Rejection', whatever is born of the 'ego-drive' by its thoughts, feelings and actions, is charged with physical electromagnetic life which will produce replica life forms and will be eventually materialised within the life of the ego-creator.

These created forms not only manifest eventually as experiences but also disturb the functioning of the physical processes of their creator and are the origin of physical discomforts or viruses or disease.

Therefore, is it a great cause for rejoicing when the soul emerges from its encapsulating human consciousness of the ego, for the ascending spiritual consciousness will create the harmonious life-giving conditions it holds in consciousness. Conversely, it is a cause for sorrow whilst the human consciousness is submerged in ego control, producing upsets, trials and tribulations both in life experiences and the physical condition itself.

Letter 6

Original Transcript was numbered 4.B

PDF251 - D238 - O21 - B211

I want you to realise fully that I have only come to help you rid your self of the undesirable ego-driven thoughts and emotions presently controlling your mind. I am also here *expressly* to encourage and ‘help you’ – yes, ‘help you’ – develop within your mind and heart all the love-based thoughts and emotions which will bring you into harmony with Divine Consciousness. It is my most urgent and loving purpose to bring you out of the grey shades of existence which you presently inhabit – into the ‘sunshine’ of spiritual enlightenment that awaits you when you have conquered the ego-drives, become unified with your soul and ‘Father-Mother-Life’ and moved into the harmony of unconditional love for all.

Therefore, I will repeat the list of negative characteristics set out on the first page of this **Letter 6**.

I want you to read them carefully and watch your own reactions and feelings **as you go through them slowly.**

Criticism, sarcasm, judgmentalism, rejection, denigration, enmity, intolerance, hatred, jealousy, aggression, violent impulses, thieving,

falsehoods, double and devious dealings, slander –

How do you begin to get rid of any of those you know to be part of your consciousness?

Do not be too ashamed to face up to them, since you are a human being and have been born under the influence of these characteristics of the ego. So do not be too afraid or too downcast to face up to them.

Take the first step in total honesty – and write them down.

The second step is to take the sheet of paper and lie down and place it on your chest. Close your eyes and reach out in thought to the **Divine Reality – your Source of Being, which you should now realise is your Loving Procreator – your true ‘Spiritual Father-Mother’ – which radiates unstintingly and continually and consistently – UNCONDITIONAL PARENTING LOVE.**

Give time to quietening your mind until you feel that you are moving beyond your own consciousness.

Then ask, in perfect faith, and expect an immediate answer, since you are operating in **consciousness**, for help in removing, dissolving, overcoming the false and unnecessary **rejection ego-drives** in all the days to come.

Emotionally, you make it clear to your ‘Spiritual Father’ or ‘Divine Reality’ – and therefore to yourself – that you want no more of these ego-negatives in your consciousness. You ask for the inspiration and strength to make every effort to avoid or deny them, from that day forward.

By following this course of action, you are creating a **NEW CONSCIOUSNESS FORM** which now begins to infiltrate and take over your present consciousness.

YOUR INTENTION

now becomes your reality.

The former negative characteristics written on your piece of paper and taken to your ‘Spiritual Father’ are now in a limbo of rejection in your consciousness. This conscious rejection is also the means of drawing Divine Power into your consciousness to help you strengthen your resolve and remembrance to discard any impulses which may erupt from the rejected characteristics.

Therefore, as you can probably see – the surrender and meditation have set in motion unseen work in consciousness of which you will probably be unaware until you later wake up to the fact that the characteristics have disappeared.

I would earnestly urge you to take the paper of characteristics into meditation several times. Each time you do so, you draw into your own consciousness, a further injection of **‘Father-Mother-Consciousness Life’ power** into your purpose of overcoming and ridding your consciousness of unwanted consciousness forms and forces.

When they have been dissolved, they will no longer draw into your circumstances the negative and unhappy shadows which plagued you before. You will be travelling a higher path to freedom.

As you progress, you will come to perceive little faults of consciousness in your mind and heart which never seemed to be wrong before, and when this happens, you must go through the same procedure of writing them down and taking them in utter faith to your **‘Spiritual Father’**.

Now, there is one more thing you must do to complete this rebuilding of your consciousness.

In place of –

criticism, sarcasm, judgementalism, rejection, denigration, enmity, intolerance, hatred, jealousy, aggression, violent impulses, thieving, falsehoods, double and devious dealings, slander –

you must write down on a piece of paper – **in gold letters** if possible, to give you a sense of beauty and glow about the attributes – the golden qualities of **Divine Consciousness** of which you want to be possessed by – and to express – in future.

To be in perfect harmony with your '*Divine Reality*' – your '*Spiritual Father*' – each attribute will be founded on unconditional love and will promote the highest good of others.

For no longer will you seek to put others down in order to make yourself feel greater and more self-confident. Your entire consciousness will be directed to affirming other people and building up everything within your orbit. You will seek to nourish, nurture, teach, protect, maintain, fulfill the needs of others, and seek to lovingly establish order out of chaotic mindless actions.

Having written **your golden aspirations** on your sheet of paper, again lie down and reach out to your '*Divine Reality*' and ask that the beautiful impulses – the *nature* of the *Divine* may gradually spread through your mind and heart and become your own consciousness. When this happens, your soul will be like a baby chick pecking and pecking, breaking its shell to emerge into the wonder of the great big

world to be united with mother hen, patiently waiting for her child to rejoin her. This is how it is with me and all other Christed souls. We wait and watch and help the people who long to find out the cause of their emptiness of spirit, who set their hearts on transcending earthly occupations, whose minds are being drawn to higher purposes in life, and who dream of coming into perfect attunement with their own souls and their **DIVINE SOURCE OF BEING**. We yearn with love over the spiritual travellers more than the travellers even suspect. This means that we yearn with love over you who are reading this **Letter**.

When you are again united with your *Source of Being*, you will have achieved your true purposes on earth. You will have accomplished your true mission in eternity. And now – let your REAL LIFE begin! You will have entered the Kingdom of Heaven!

I will not tell you what qualities to write for your new consciousness – these must come out of your present perceptions of the highest and best. Again study the **Divine Nature of Divine Consciousness** which I perceived so clearly in the desert and described for you in **Letter 1**.

Let this **Divine Nature** become your own nature.

I want you to know that when you embark on this journey in true sincerity, I will be at your side in every eventuality. It is my dearest wish that you will come to know that I am with you and that I am sending you support and strength in your quest to become unified with your '*Divine Reality*'.

Letter 6

Original Transcript was numbered 4.B

PDF265 - D252 - O31 - B223

...beliefs have been the reasons for building of cathedrals and churches, monasteries and convents, giving people a stable purpose, the ability to express their artistic gifts and provided work for the less talented. The beliefs have also directed millions of people's consciousness towards the higher realms of beautiful thought and love. They have even been the impetus behind mysticism and enlightenment when spiritual souls have come to see the *Reality* previously hidden by the beliefs.

Whilst this has been happening, the beliefs have also created the conditions for the development of echelons of religious superiority and immeasurable grandeur and wealth. These are humanly conceived and created edifices of 'ego-impulses' and are therefore, from a spiritual standpoint – entirely spurious.

Letter 6

Original Transcript was numbered 4.B

PDF271 - D258 - O36 - B228

I, the CHRIST, commend this Letter [6] to you. I have put you in full possession of some of the important facts of creation which will enable you to transcend the ego – the guardian of your individuality – and to return to the **UNIVERSALITY of BEING** from which you have really come. You have within your hands, the means by which you can move into unconditional **Love, Joy and Personal Fulfilment.**

Remember that I have said that I yearn over the spiritual traveller's progress. As you move along the path I have outlined for you, there will be times of confirmation that I am indeed with you on your journey. You will see them – retain your faith in them.

At all times, I uphold you in Divine Love for I am Divine Love in action. Believe this and find rest in my Consciousness enfolding you.

Letter 7

Original Transcript was numbered 5

PDF274 - D261 - O2 - B233

** My purpose in sharing this knowledge of the **Truth of Being** with you in these **Letters**, is to enable you to grow in spiritual love and wisdom and bring forth the fruits and blessings of such spiritual love and wisdom in your every moment of evolving consciousness. I long for you to be **richly** joyful.

Therefore, let us, together, plough into your human soil of consciousness, turn it over, get rid of the stones of despair, break down the clods of non-comprehension with deepening wisdom, pull out the weeds of your negative mental/emotional patterns with my help, fertilise your soil of consciousness with ever increasing faith. Then sow ever more beautiful seeds born of your evolving spiritual perceptions and unconditional love. My joy will be your joy in this endeavour – and your joy will be added to my joy. In this unity of purpose and achievement, you will eventually feel that you are indeed of my spirit and my spirit is being poured into you. In this way, we will experience the oneness of **THAT** out of which we have both taken our individuality. My thoughts will become your thoughts untainted by your former ego-consciousness.

**

Letter 7

Original Transcript was numbered 5

PDF278 - D265 - O4 - B236

I radiate my *Christ Consciousness* towards you by receiving and holding your name and spiritual form in my mind when you appeal to me for assistance. And according to your receptivity and freedom from magnetic ‘bonding-rejection’ impulses, a little of the Divine Nature of Being is absorbed by your present consciousness vibrational frequencies which then experience a strong sense of upliftment.

Therefore, it should be clear to you that as you unload your earthly consciousness of its emotional bondage by mentally/emotionally rejecting the patterns of emotional thought you perceive to be out of harmony with Divine Love, so will you become more and more aware of higher inspiration invading your mind – even your solar plexus – giving you guidance in times of need when you are unable to perceive the right course of action or unable to clear yourself of emotional ego-thinking when reacting to a troublesome situation. With my help, you can live in two dimensions – that of the physical world in which your body resides, bringing you your experiences – and that of the higher standpoint of Christ Consciousness which will enable you to transcend the ego-thinking and radiate thoughts and feelings into your situations from that state of being I termed the ‘Kingdom of Heaven’.

Letter 7

Original Transcript was numbered 5

PDF280 - D267 - O2 - B238

To remain within the worldwide state of consciousness as it exists at this moment is to remain on the steady downward slide into countless diseases, misfortunes, upheavals, and deepest suffering.

Men and women can live in two dimensions of existence in your world – either exclusively from the level of ego-impulses which are the controlling forces behind and within all the daily phenomena which comprise the human daily experience – or – mentally/emotionally poised within **Divine Consciousness** whilst their bodies are still living on the earthly plane.

The fruits of the ego consciousness are discords, disruptions, climatic upheavals and abnormalities, wars, addictions of every kind, poverty, diseases, murder, robbery, lying, cheating, slandering, backbiting, low miserable thoughts, envious thoughts, angry thoughts, bad humours, judgementalism, criticism, sarcasm, rejection of other people, etc.

These consciousness frequencies are forever bringing forth ‘mirror reflections’ of the circumstances and feeling reactions which gave them birth – and are continually subject to the ‘highs’ and ‘lows’ of fulfilment of expectations and disappointments, swinging between happiness and

misery.

Those who, through prayer, meditation, self-discipline and determination, manage to purify their consciousness of ego and lift it by defining and entertaining ever more sincerely loving thoughts towards other individuals and the world generally, gradually ascend in consciousness to the vibratory frequencies of the realm of **Divine Consciousness – the Kingdom of Heaven**, where they live comfortably and at ease in harmony with the **Universal Laws of Existence**.

Such people find that no matter what may be the troubles and uproar in the world around them, they are nourished, healed, protected, cared for, and maintained in perfect peace of mind – providing they remain within the spiritual frequencies of vibration.

When they allow themselves to be drawn down into selfish disputes and any negative human condition involving any of the attributes of ego, the peace abruptly disappears and they find themselves trapped in the consciousness frequencies of vibration which are fed by similar consciousness frequencies of other people in their environment.

They are like a fly caught in a spider's web and the ensuing battle to extricate thoughts from the lower frequencies of consciousness vibration can be exhausting and painful.

At such times, constant meditation and prayer, a plea for help, strength and guidance in achieving the 'right emotional attitudes'

are the only means by which a spiritual traveller can find his way back from the entrapping lowered energy fields, to a state of harmony with the heavenly consciousness frequencies of vibration.

You may think that the foregoing is too difficult to understand and not necessary in your search for spiritual upliftment. On the contrary, this understanding of the nature of your consciousness is highly important. If you should find yourself descending into lowered consciousness frequencies of vibration and experiencing the conflict between what you are ‘feeling at the moment’ and what you know you *ought to be feeling or would like to be feeling* – you will experience more control if you realise you are suffering because you have allowed your normal spiritual consciousness vibrational frequencies to drop. Pinpoint the reason and take it to **Divine Consciousness** for a resolution of the inner conflict. In time, guidance as to the correct attitudes and affirmations to clear the problem will be given you swiftly in response to your prayer.

Furthermore, as you lift your level of ‘consciousness frequencies’, you will find that you are inwardly strengthened in spirit and life force – and the opposite occurs when you find yourself entrapped in lower consciousness vibrations either through a personal descent into lower thought frequencies or by being emotionally drawn into them through communication with a negative or egotistic personality. When this happens, you will experience a loss of energy. **This loss of energy results in a depletion of physical energy in your body cells.**

Therefore, when deliberately setting out on a spiritual journey, you should visualise yourself as being like a traveller boarding a train bound for the destination of your choice. If, when travelling, you leap out of the window on glimpsing verdant valleys or exciting cities offering pleasures of some sort, and go wandering into highways and byways far removed from the journey you had originally undertaken, you will find it very difficult to resume that original journey. First of all, you will have to go through a cleansing of the lower consciousness energies you absorbed during your jaunts into other areas of interest. This may take a long time and you may have to go through other painful experiences to enable you to go through the necessary cleansing of your consciousness again. Everything you do in life, you are either moving forward spiritually, or moving into areas of consciousness detrimental to your search and long-term journey towards higher levels of spiritual consciousness. You never escape the processes of consciousness nor from the inexorable working of the **Laws of Existence**. You cannot put your life on hold as you dodge off to have a little fling which you think won't matter since no one will know. Whatever you do is an action in consciousness and whatever it is – promotional of your well-being or contrary to your highest good – will have its repercussions of a like nature.

Everything in your life is related to some other activity in consciousness. Nothing is isolated from everything else. People think that what they do today is in a compartment. They think that 'today' becomes yesterday and is past, it can have no bearing on their 'today'. But – unfortunately for them – they will find it cropping up in their experience as 'reaping time' in six months, a year or even ten years ahead – when the

consciousness energies have attracted what is necessary to bring about their visible manifestation. Then people wonder – why did this happen to me? Why me?

Letter 7

Original Transcript was numbered 5

PDF287 - D274 - O12 - B244

Every living thing only thinks and acts out of that level of spiritual or ego-consciousness in which they reside.

Before conception takes place, the sperm is imbued with the total consciousness of the male, the future father, and the ovum is imbued with the total consciousness of the female, the future mother.

During intercourse, changes take place in the mental/emotional consciousness of the man and woman. They may sense a deepening of love, caring, and drive to express their longing for greater closeness and harmony of spirit – this is a true spiritual/physical union. Alternatively, as their desire for union with each other changes to an ever stronger desire for self-satisfaction – this becomes an ego activity – reaping only ego reactions. However, whatever the condition of consciousness of the participants in the act of union, their consciousness of desire to achieve the ultimate climax, strives and drives the physical organs to move in a rhythm producing psychic/physical energy which gradually rises up into the brain, creating a higher and higher momentum of vibrational energy to reach a peak of near-delirium and delight, bursting into an explosion of momentary ecstasy and glorious fulfilment – and then follows release

and a gradual descent into human consciousness again.

At the very moment of delirium/delight, the human consciousness rises to touch the **Divine Life Force** which ignites the sperm in the male and the ovum in the woman. Conception may not take place, and both sperm and ovum return to normal physical consciousness.

When conception takes place, sperm penetrates the ovum and they are united in the highest vibrations of **Divine Life**, in spiritual and physical fusion. In united consciousness, they too ascend into their own moment of equilibrium and joy to become one both within **Divine Life** Itself and human father/mother consciousness.

This moment of '*consciousness union*' takes place within the very highest dimension of **Divine Life Consciousness** and is a moment of unimaginable rejoicing and joy, for the two elements of male and female are again conjoined, united and merged in equilibrium to become one to produce a child. This moment of union is a reenactment of a person's return to the glorious and ineffable ecstasy of the **Divine Consciousness of Universal Equilibrium**.

When intercourse is prompted by pure heartfelt love between man and woman, the united human consciousness ascends, during intercourse, into higher and higher levels of 'consciousness vibrational frequencies' until they are *caught up* in the vibrational frequencies of – Divine Intelligence/Love Consciousness. Such a

child, conceived in such circumstances, is born of spirit.

Lovers know when they truly love and come to each other in pure tenderness and love because such intercourse is a moment of union of mind, emotions and body, and lingers in their consciousness afterwards, making it difficult for them to draw apart from each other. They are aware of transcendent beauty, a renewal of emotional love instead of satiation, and an all encompassing harmony. These men and women are joined by **Divine Consciousness**.

Sadly, their personal **EGO-CONSCIOUSNESS** can eventually taint the love they felt for each other and, gradually, largely replace it, leaving them separated and alone, sad and emotionally/physically weakened, wondering why such a beautiful, exalted state of love could ever dwindle and die.

These **Letters** can be the means of their overcoming the ego-drive and rediscovering their previous love on an even higher and more spiritual level. In which case, man and woman will become more whole than ever before. This may or may not bring them together in a new sexual attraction transcending all other depending on their state of consciousness – whether it has itself transcended the desire for physical fusion.

Letter 7

Original Transcript was numbered 5

PDF290 - D277 - O15 - B247

...it is essential for people to realise that fights and quarrels arise out of their own hidden ego-consciousness drives which gain control of their loving feelings – and the ego-drives must be healed before couples can reach a new level of mutual understanding, consideration and consistent love for each other.

Not only this, but the condition of consciousness of each partner eventually affects their environment, living conditions and success or lack of it in their daily lives. It also affects the children, creating a family of mutual co-operation, and healthy mental/emotional patterns – or the dysfunctional family where no member is in true sympathy or acceptance by the other.

You may say that the successful or dysfunctional family conditions arise purely from their innate characters and the way they perform in their daily roles.

Letter 7

Original Transcript was numbered 5

PDF291 - D278 - O16 - B248

As for rape – this is the most heinous act against another and will draw to itself its own just rewards at some time in the future. It proceeds out of an especially warped and distorted ego-consciousness. The frequencies of consciousness vibrations of such people are so low and ponderous as to be personally destructive.

In the olden days, society was continually taught and sermonized. In western countries, the Ten Commandments were rightly presented as being the true foundations of a civilised and humanised culture, teaching self-control and readily acceptable to all religions worldwide.

Today, with the strengthening of the ego-consciousness due to the influence of the entertainment industry and media, ego lusts have control.

Letter 7

Original Transcript was numbered 5

PDF294 - D281 - O18 - B250

...when you have overcome the ego impulses and invited the SOUL to hold dominion in your thoughts and feelings, you will be driven to express all of the Divine Impulses described above. You will be possessed by a desire to *only* promote the highest good of all living things and the universe itself. You will have become a true messenger from Divine Consciousness, expressing all Its qualities of Being.

Until that time of soul re-unification with Divine Consciousness, the psyche occupies the deepest recesses of your human consciousness and draws its awareness from your soul. It is the hidden instinct within you which knows right from wrong.

Letter 7

Original Transcript was numbered 5

PDF294 - D281 - O18 - B250

The ego is also formed at the moment of conception.

As the baby develops, the ego begins to make itself felt. It is the foundation of your human selfhood which gives you individuality. **It is the energy of your human consciousness.**

It makes you distinct and unique from everyone else.

In order to preserve your individuality, the ego must protect you from outside attack of any kind and it must give you what you need to help you prosper, flourish, grow and be happy.

This is Divinely ordained and not to be treated with contempt. The ego constitutes an ‘all-important’ and very necessary nucleus of consciousness of creation, development and growth.

The ego is exclusively governed by the electrical current of activity consciousness – the ‘go-go’ impulse apparent in **all** living things, even in plants which turn and display their foliage to catch the sun in the best possible way. This is a movement conceived in the ‘go-go’ electrical field and in the ‘bonding-desire’ emotional field in the consciousness of

the plant to enable the plant to grow and enjoy the warmth of the sun.

The ego in every living thing is the seat of the ‘earthly consciousness’ only. In no way does it resemble in any shape or form the **Divine Reality** which constitutes the soul. The ego-drive, the drive which is directed exclusively at getting what it wants to make the individual entity happy and to protect it from attack to ensure its survival, and will trample on other entities or species to achieve its purposes, pertains to the earthly dimension only. This ego force is active within every living thing from the least amoeba to the mightiest king.

You could call the **Ego-Drive** the Protector and Dictator of the living Universe.

It is at this point that the majority of people in your world today become confused when contemplating the possibility of the existence of a ‘God’. They review the activities of various species driven by their ego-consciousness, the one feeding on another to obtain sustenance and these people decide that this ‘savagery’ must be the working of the creator.

How then can the creator be a ‘God of Love’?

This is one of the misapprehensions and beliefs I would like to sweep away. It is my purpose that all people should come to realise that: the entire universe has, at its basic core and foundation in all things, the **Divine Life Force which inspires and respire through all of creation. It is the hidden but powerful **Equilibrium** out of which all things have**

taken being, form and shape.

It is the ‘scientists’ space’ **in which** is conducted the ‘Movement and Bonding of the Electrical Particles’.

It is both the impenetrable and forever unknowable ‘ground of existence’ and also the hidden Source of all substance of all things in the universe.

The **Ego** is the *tool* of **Divine Creativity** to produce *individuality* out of the **UNITY OF ITS OWN BEINGNESS**.

What I am about to say will be hotly disputed by your scientists – nonetheless, I am about to refer to the souls of those ‘earthly’ beings whose intellect is sufficiently evolved to debate and decide on a course of action and – with even only partial understanding – respond intuitively and intelligently to what is happening in the environment. These entities of all more advanced species are the genius of their kind. Do not judge the inner development of any species, human or otherwise, by their outer physical bodies. All living things are individualised out of the same **Divine Life**.

Some psyches are enabled, by their increasingly spiritualised mental/emotional fields to peer through the ego consciousness and embark on neighbourly, caring acts which can only proceed from the promptings of the soul drawn from the **Divine Reality**. Therefore, the greatest respect and consideration should be accorded to all living

things.

Where the species has evolved to the point of formulating clear ideas and thoughts and putting them into sounds and words – and the spiritual development of the psyche can penetrate the ego consciousness – the psyche begins to question:

‘Is this all there is to life? What are our life purposes?’, etc.

When this happens, the soul is beginning to impress the psyche with an urgent need to reach out to its Source of Being which it instinctively knows does exist and is its true home and resting place. The soul’s hidden but continual longing to be reunited with its Source of Being can now be felt by the psyche.

If there are people who never reach this vital development in their lives, it is because their ego mental/emotional processes are so strongly geared to the exercise of intelligence and reason that when other people ask questions such as: ‘How did life begin? Is there a God?

‘How has such a wonderful universe been designed and created?’, the ego of the non-seeker and non-believer is conscious only of its own omnipotence, and sets out to disprove there is any higher dimension out of which the earth could have taken form. It argues away the voice of the soul relayed through the psyche, and with each argument entombs itself more firmly within the perceptions of the material and visible world

which represent their only security.

Therefore, the soul remains imprisoned within the ego mental/emotional electrical/magnetic chains, and the human mind remains convinced that there is no soul – that the earthly dimension of existence and the physical life force are the only realities.

If such people's minds are determined to reject any inspirational whispers from the psyche/soul, the body suffers minor ailments, relationships are strained and life generally is stressful; a disease may follow. This is because such a person is drawing only on the limited resources of energy drawn from the food they put in their mouths. This energy proceeds from a chemical process and not from the Source of all Life.

Whilst you have drawn your life initially from the **Divine Reality** and It has given you being, you also draw your physical energy from your food and the digestive processes which manufacture enzymes to break down the food into a usable form which feeds the physical cells throughout your body and mind. This is the life of the body.

Many people live and die drawing exclusively on the energy derived from their physical processes.

The type and amount of energy drawn from physical processes is greatly affected by the mental/electrical and emotional/magnetic fields of the living entity.

Letter 7

Original Transcript was numbered 5

PDF298 - D285 - O21 - B254

...electrical and magnetic fields surrounding every living thing from an amoeba to an elephant and human being, are the personal **Life Force** radiations from the soul, combined with the personal ‘consciousness-awareness’ radiations of the entity’s mental/electrical ‘go-go’ activity and its emotional/magnetic ‘bonding-rejection’ impulses.

These electrical/magnetic fields are profoundly affected by all the thoughts and feelings which pass through the minds and emotions of the entity. In turn, the ‘fields’ profoundly affect the physical processes of the body itself. They raise or lower the health of the body according to the state of the personal consciousness – whether it is in harmony with the Life Force radiations of **Divine Intelligence/Love** or in conflict with them due to selfish ego-drives.

A miserable entity dwindles and dies. A happy entity flourishes. This is a basic fact of existence. In the final analysis, each living entity feeds upon its own inner state of contentment or frustration.

Letter 7

Original Transcript was numbered 5

PDF299 - D286 - O22 - B255

The truth of the spiritual state of the ‘inner man’ will be clearly revealed and will lay the sure foundation for the necessary spiritual instruction and meditative, mental work to be done to enable him to regain health, vitality, new perspectives and goals – and a deepening capacity for unconditional love.

Naturally, drugs will no longer be used to raise the consciousness radiations of the sufferer, since the depletion **of Divine Life – soul energy** is responsible for the illness. He or she will be taught how to deliberately, systematically raise the frequencies of vibration of the affected area of the body and how to deal with the personal circumstances causing the psychological discomfort and depletion of **soul energy**.

The patient will also be dramatically assisted by an inflow of Divine energy from the hands of those who are true channels of pure spiritual life. With the revitalising procedures, new perceptions and control of the ego-drives, the physical condition will be quickly cleared up within days – if not immediately.

EFFECTING YOUR OWN HEALING

However, on reading these **Letters**, you can begin to effect your own healing. Paramount in your self-treatment must be these instructions regarding the ***Divine Reality*** powering existence, and the right way to tune into **It** and draw **Divine Life** into the healing process.

When you begin to draw on the **Life** of the **Divine Reality** by means of your spiritual search, asking questions, meditating, reading and praying, you begin to open your psyche up from its enclosed ego-consciousness earthly dreaming; you draw into mind and emotions the nature of the **Divine Reality Itself**. All that passes through your mind and emotions is passed into the electromagnetic fields surrounding you. These contribute to your strength.

As your electromagnetic fields are energised by the power you draw from **Divine Reality**, so is the power passed back into your physical body and each organ becomes ever more healthy and any dysfunctions are gradually cleared up. It is vital for you to remember these physical/electromagnetic field processes because the knowledge will both inspire and encourage your daily meditation and attunement with the **Divine Reality**.

If your sincere search and meditation are directed towards the **TRUTH of BEING** and not at some earthly religious forms of belief, or superficial, spurious ‘spirituality’ or any material objects you believe to possess ‘powers’, you will find that, gradually, your own nature is

changing and you begin to be aware of otherness and their needs as you never did before. You become more empathetic, understanding, caring, compassionate and gentle. In fact, the soul qualities of **Divine Life** now begin to control your natural ego impulses for satisfaction and self-defense.

I want to warn you that you will have now entered a new and difficult time – an era of conflict between the ego-drive which has habitually insisted on fulfilling its ‘wants’, perhaps at the expense of other people, and the psyche-soul which is beginning to realise that ‘love is the law’ and the rights of other people have to be balanced equally with the rights of self – the ego. As the psyche absorbs more and more of the **soul – Divine Reality** into its consciousness, the old ego-drive begins to release its grasp and the inner daily conflict becomes even more intense.

The psyche-soul, now working through mind and heart, discovers it is balancing the needs of other people against the validity of its own needs and it becomes weighed down and weary of the endless internal struggle of self-questioning and self-judgement. When the psyche is reaching this point of perception, it indicates that the pull of the human consciousness is thinning to such an extent that the **soul** is now drawing close to and becoming reunified with the **Divine Reality**.

The **soul** acknowledges through the medium of the psyche, that it loves the **DIVINE LOVE** that is the **Divine Reality** more than it loves anything earthly and longs to be fully united with its **SOURCE of**

BEING.

The psyche finally surrenders the ego-consciousness drives to Divine Reality and begs that it may be enabled to yield the ‘ego’ – to go through the death of the self-hood. This happens when people are truly reaching the apex of their spiritual life and they usually need a spiritual master to guide them through it.

This ‘death of the self-hood’ should never be undertaken as a means of achieving greater spiritual insight. It is highly dangerous and will not succeed in achieving greater spiritual or earthly life. It will be greatly destructive to the psyche and ego before due time.

It will hinder the whole process of soul-psyche-ego-physical development.

No one should entertain such a thought in order to be more advanced in spiritual perception and truth. Such an act of ‘willpower’ will be self-defeating since it is born entirely of the ego-drive to be more important spiritually.

When this experience of ego-mastery takes place at the right time – in the right way – the soul, through the medium of the psyche, is free, to a large extent, to commune direct with the **Divine Reality** since the continual chatter of the ‘ego-consciousness’ is stilled. The pull of the earth is no longer paramount. Self-centred ambition fades; the desire for

personal possessions dissolves.

Peace reigns in the mind. The soul, now speaking clearly through the psyche, longs to uplift, nourish, contribute to the growth of other souls, educate, uplift, and nurture with understanding and tenderness without any desire for recompense or self-aggrandisement.

As the soul is drawn into ever closer contact and attunement with **Divine Reality**, its only earthly goal is to treat the neighbour or other people with the same kind of concern and consideration it needs for itself to flourish and be content. Giving becomes as easy as breathing – eventually it becomes a privilege to work for and with other people for the promotion of their highest good. This is **Divine Love** in action. **However, there is no sentiment in Divine Reality.**

The intention behind individualisation was to enable **Divine Reality Itself** to experience **Its own Nature of creativity, joy and personal fulfilment.**

Therefore, when I was on earth, I drew the lines between giving and receiving quite clearly when I said:

‘Do unto others what you would have them do to you’.

This statement was a loving warning that as you sow so will you reap. It was also a guideline to behaviour. If you do unto others what you would

like done to yourself, then you can be sure that you are acting only from the standpoint of love.

If other people do not want what you would like done for you – then you live by trial and error; you have taken a positive step towards fulfilling an act of true love and if it is rejected, you have given yourself an opportunity to find out what would be more greatly appreciated in the future. In this way do you grow in the act of love.

I also said:

‘Love your neighbour as you love yourself’. This meant that you should have equal concern for your neighbour’s comfort as you have for your own.

It also means that whatever you wish on to other people you would be happy to have wished on yourself in like manner.

It means that you must think the thoughts about others which you would be happy for them to think about you!

It means that your entire consciousness should be directed at caring, concern for others, no matter what they may be doing hurtful against yourself. All human beings are living in a jungle of human desires, goals, frailties, disappointments, anger and frustration. Out of this war-torn consciousness come many weak and ill-judged

responses and actions.

Therefore, behold the frailty, forgive the unkindness, and let it go back into the nothingness out of which it came. The only **TRUTH** and **REALITY** in your life is *Divine Consciousness Intelligence/Love*. Hold fast to this realisation at all times.

To find the **Kingdom of Heaven, in which the soul is in harmony with Divine Reality**, there must come a time in your development when you no longer want to be drawn into the earthly perceptions and consciousness of human beings towards each other. You long to withdraw entirely and focus on spreading your own contact with **Divine Reality** to others. Beware that you do not force your spiritual way on others, irrespective of whether or not they are on the spiritual path themselves.

At the same time, you must preserve your own serenity by not allowing others to take advantage of your good nature. You must clearly draw your lines of right and wrong – prevent the selfishness of others encroaching on your privacy which is likely to destroy your peace of mind.

To ensure this, there is no need for your ego-consciousness to assume dominance again. You can guard your privacy peacefully. You have been given the intelligence to achieve this necessary purpose with the highest degree of **LOVE**. Remember that the spiritual edifice of consciousness vibrations which have been constructed out of your contact with **Divine**

Reality and your daily mode of thought, feeling and living, should be sacrosanct and you have to take care not to become entrapped again in the lower vibrations of others' thoughts and reactions.

At all times, your highest purpose on earth is to **promote the highest earthly and spiritual GOOD of every other living entity – human and lesser. Not by descending to the vibratory level of those in need but by reaching out and offering the wisdom which has brought you into your sanctuary – your holy of holies in mind, emotion and living conditions – if there is a willingness to listen and accept. Otherwise, hold your peace.**

Sympathy and compassion should be detached. Empathy will drag you down and embroil your spiritual consciousness vibrations in the human vibrational level. This will possibly create conflicts where you had sincerely only intended to uplift and heal. Avoid this since it will deplete your energies and defeat your spiritual purposes.

Pure LOVE is concerned only with upliftment and spiritual progress, healing and achievement of the 'Kingdom of Heaven'.

Divine LOVE is a warm compassionate feeling – primarily charged with the longing to enable the loved one to: grow, create, be nourished and nourish others, to be healed and to heal others, to educate and educate others, to protect and protect others, to fulfill his needs and for him to fulfill the needs of others, all within a clear

system of law and order.

This is DIVINE LOVE/LAW in action.

When your highest purpose has become the **Divine Purpose in action**, the ego, the nucleus of your individuality, is now controlled by your soul. The ego-drive becomes your true defender and true protector of your personal comfort – but it now works entirely in harmony with the directives of your soul which draws its nature from **Divine Reality**.

I repeat – there is no sentiment in **Divine Reality**, no removing any boundaries ensuring law and order, to suit the demands of the egotist, no weak ‘giving in’ and yielding to the obstinacy of others.

At all times, it must be borne in mind that ALL PEOPLE should respect one another. They must respect the rights of others to privacy, safety, peace of mind and harmony. If differences arise, they can be dealt with, with mutual respect. The more spiritually evolved you are, the more will you respect the highest and the lowest of social stratas, accounting them to be equal – ‘not in the sight of God’ as human beings like to say, but within **your own spiritualised perceptions of the fundamental equality of the souls within all beings.**

Respect and **DIVINE LOVE** belong together. True **LOVE** is highly respectful of the beloved. Where there is respect between two people, this frequently leads to the highest form of love.

If you have found this **Letter** difficult to accept, remember that **the human mind is limited in its understanding of dimensions beyond the earthly plane. Do not let the reasoning of the ego hold you back from your soul's journey.**

Letter 8

Original Transcript was numbered 6

PDF308 - D295 - O1 - B263

When a soul reaches, in understanding and realisation, the topmost level of the frequencies of vibrations of consciousness – **Christ Consciousness** – the soul can look down and review the levels of vibrations ascending and descending to those of humanity on earth and know, with love and compassion, humanity is trapped in the lower vibrations of Divine Consciousness hidden within the Ego-Drive, wholly unaware of the Truth of Being, the soul's true identity and the earthly truth of the ego. Neither does it have the slightest awareness of the immense purpose behind its existence and the eventual mission it must embark upon.

The task of the newborn soul is to experience, through means of its sheath 'the psyche', all that these lower frequencies have to offer and grow as a result of the mental/emotional events and experiences arising out of their thoughts and feelings. The soul must learn, through trial and error, the state of consciousness which makes it immensely happy or burdened with grief and sorrow which initiate various physical limitations.

The purpose of life on earth is not to discover a means to experience undeviating joy and bliss, although this is what each soul longs for.

Such bliss and joy would hinder the soul's progress into the higher spiritual vibrations of consciousness.

Letter 8

Original Transcript was numbered 6

PDF312 - D299 - O5 - B267

When altogether new spiritual perceptions are presented to a religiously indoctrinated mind, these are perceived as being from ‘Satan’ or sheer lunacy or imagination. This is natural since when the emotions are severely aroused and challenged, as happens when deep beliefs are contradicted, the magnetic-emotional ‘bonding-rejection’ impulses of the ego-drive immediately come into action.

Any thesis or proposal which causes the conditioned mind acute mental discomfort, dismay or puzzlement, will be rejected instantly and a whole barrage of ‘proofs’ will be summoned from the beliefs in the conditioned mind to back up such rejection. But the proofs are merely beliefs.

This is an entirely natural mental-emotional process within the purely human dimension.

Letter 8

Original Transcript was numbered 6

PDF314 - D301 - O6 - B269

...question yourselves: do you really PERCEIVE – REALISE – UNDERSTAND *the Reality as being the source of all knowledge and creativity?* Or do you merely pay lip service and superficial mental acknowledgement to Divine Consciousness?

Do you fully and completely live, minute by minute, in the realisation that UNIVERSAL CONSCIOUSNESS is the only *Reality* and Highest Intelligence operational within creation?

Do you consistently depend on Its supremely effective guidance or do you think that you would rather live by your own finite will and sometimes muddled emotional impulses?

And, if you are given direct guidance to follow a certain lead, but stop to think whether the guidance is leading you where you think you want to go, are you fully surrendered to the Highest Intelligent Authority – Divine Consciousness?

Is this not an indication your ego is still in control? Even these Letters, when circulated as intended, will come to be ‘beliefs’, not the pure spiritual perception of ‘WHAT IS’ out of which these words have

come.

Only by taking these words into meditation, after asking for spiritual illumination, will the spiritual '*Reality*' behind the words eventually come like a shaft of light into the mind.

When this happens, you will **KNOW that you know.**

Letter 8

Original Transcript was numbered 6

PDF315 - D302 - O7 - B270

When a person penetrates the *spiritual dimension* and is imbued with *'LIFE' characteristics*, the person begins to realise and eventually **KNOW that the human ego-drive to 'look out for the self' actually shuts the **SOUL** off from the continuous inflow of *DIVINE LIFE' into the mind, heart, body, relationships and daily experiences.***

'Looking out for yourself' is a human, earthly experience.

Total, sincere, surrender of the self-hood to 'FATHER-LIFE' removes the block between the spiritual dimension and the soul.

A person no longer has to 'look out for himself', all that **DIVINE LIFE is, now flows into the individual's body, mind, heart, experiences and relationships.**

Such a person lives by 'instinct' and follows hunches which always work out perfectly in the long term. *'DIVINE LIFE' IS ALWAYS THERE TO BE ACCESSED, whenever the person surrenders self-will and turns to IT for every need.*

Letter 8

Original Transcript was numbered 6

PDF317 - D304 - O8 - B271

You have to release your grip on the securities of the past and know that even greater securities of a different nature await you as you follow your inspiration.

Since this state of spiritual/human existence and harmonious well-being depend entirely on a person's ability to make true contact with **Divine Reality**, it is imperative to return again and again to an in-depth study of **Divine Reality Itself** and the way in which the ego-drive is ceaselessly at work within the human consciousness blocking out the intuitive directions of the **Divine Life** within the mind.

At the moment you are living in a shadowy burdened existence instead of consciously living within and entering into '**Divine Consciousness**' and allowing **IT** to permeate and gladden your thinking and life experiences. You remain locked within the mental-emotional framework of electromagnetic impulses until you set your willpower to consciously dissolving the fabric of your humanly conceived beliefs and come to see clearly that your **Reality** is **Divine Consciousness** – not your family, or bank book. When you achieve this insight, you will enter into **LIGHT** – and the **LIGHT** will abide in you.

Because of the discomfort and the tug-of-war between the evolving soul and the human ego, (which demands to ‘look good’ rather than ‘**BE GOOD**’, and yet cannot bear the thought that it may ever be imperfect), there are few people receiving inspiration and passing it on to others at this time, who will speak about the need to go through a period of inner cleansing.

Modern people are conditioned to instant service, instant light, instant heat, instant food, drink, clothes and entertainment, and therefore are not attracted to a ***TRUTH*** which involves self-sacrifice, hard work and total dedication to the goal. Besides which, many of these teachers are making a good deal of money out of their activities and they must present a ‘Truth’ that will sell!

If your modern teachers speak of a path of attainment to the highest dimensions by means of the transference of personal mental illumination, it will still be necessary to undergo the inner intense self-examination and purification of the bonding-rejection of ‘magnetic emotions’.

If you are truly on the upward path to the highest spiritual dimensions, your road will be characterised by moments of bright clear-sighted self-inspection and self-realisation, followed frequently by self-loathing. This dark and painful feeling is the magnetic emotion in reverse.

Where before, the ego clung to its essential vision of itself as being the greatest and even greater than others, it now begins to glimpse the

agonising fact that perhaps it is not only slightly – but very imperfect. Any person reaching this spiritual level of development will find they are now travelling the road to true humility.

Take heart when you find this happening to you. You are now pushing away the debris of past erroneous beliefs about yourself and your illusory self-hood. **Remember that it is your ‘intention’ or ‘motivation’ or ‘conviction’ which gives creative power to do whatever you want to do.**

The moment that you desire with all your heart to reverse your normal trend in your magnetic-emotional patterns, you have set this process in motion.

If you clearly define the goals you wish to achieve and keep them ever before your vision in writing or in mind, very shortly you will discover that the desired changes have taken place in your consciousness. When this happens, you will feel a lightness in spirit and will have moments of pure joy. You will be proving that the **TRUTH of BEING** does bring ‘captive hearts’ into the perfect freedom of spiritual living.

At the same time, you have to understand that your ego must, (of necessity to enable you to survive), make you believe you are of value to yourself and other people. Any external serious challenge regarding the value of the self is highly destructive. A desperate fear and internal subsidence of confidence will lead to the conviction that you are without value in the world, and suicide can be the natural outcome. Therefore,

your progress will and must be gradual.

No one should ever expect people to be wholly changed by words of advice or times of inspiration. Growth can only take place very gradually – **one insight at a time.**

Letter 8

Original Transcript was numbered 6

PDF319 - D306 - O10 - B273

...a man may have the idea that he will be successful in life if he enforces his will aggressively on those who come within his orbit. He believes he will be better heard if he shouts.

Then he may wake up to the fact that no one likes him much and he is avoided by employees and 'friends'. He may become more aggressive because he now feels humiliated, or, if he is an evolving soul, he will question what he can do about his isolation. The moment that ***DIVINE LIFE*** seeps into his consciousness PSYCHE and makes him realise that he, himself, avoids people who shout, he will have a flash of inspiration.

He will realise that, to be happy and successful, he should treat others as he likes to be treated. You may argue that this perception is not necessarily inspired but is born of common sense, that he himself was responsible for arriving at this realisation. However, this is not so. Ego thoughts are dictated solely by the 'bonding-rejection' impulses, any new wisdom comes from ***'LOVING INTELLIGENCE'***.

This may be the last inspired flash of insight he will ever have, but if he is truly on a spiritual path and seeking the highest dimensions of attainment, he will gradually perceive that this first overcoming of the

‘ego’ is not enough. He will begin to see other previously unsuspected selfish patterns of behaviour. He will define a further goal just out of reach at that moment, but very shortly, with prayer and meditation, he will have achieved that goal also. In this way, his consciousness frequencies of vibration will be elevated and he will gradually move towards the ‘Celestial Kingdoms of Consciousness’ – the ‘Kingdom of Heaven’.

Letter 8

Original Transcript was numbered 6

PDF323 - D309 - O13 - B276

People use their minds recklessly, blighting their lives and the lives of other people with their thoughts and words arising from their ego-drive. For it is only your thought life and emotional upheavals which end in quarrels and mayhem – not your faces, bodies, hands and legs unless the quarrels end in physical abuse. But even bodily conflict has its origins in the frustration of the ego within mind and emotions, and conveyed to the limbs to vent the uncontrollable wrath.

In this way, marriages – and friendships – begin in mutual joy and eventually end in misery and mutual rejection – because people find it impossible to channel their ego-drive into life and love-preserving modes of self-expression.

Parents and children express mutual love until the teen years, and then hatred enters the scene and sours the relationship when children rebel against authority and parents react with self-righteous abuse. Again, there is no need for such conflict. Parents must surely realise that every generation fights to find its feet in the adult world and do things more innovatively than did their elders? How can young people thrive if shackled to youthful bondage?

When children become young adults, this is ‘growing time’ for parents, who must now prepare for the next stage of their life – the more inspired use of their latent talents, and then old age, acceptance of their past follies and mistakes, and, at last, a peaceful transition into eternal **Light**.

Why quarrel? Why fight? People wholly controlled by ego let fly and hammer away for their ‘rights’. Spiritually mature people solve problems by discussing them empathetically.

What does this mean in human terms? It means – listening to the other person with the spoken or silent acknowledgement that the way the other person **felt/feels** in a certain situation is as valid and worthy of respect as were/are your feelings.

When overtaken by a serious confrontation in which neither of you are prepared to yield an iota of ground, go away on your own and take time to realise that what you are engaged in is a ‘battle of consciousness’. The battle is not enjoined only as a result of what was actually done and said in a moment of extreme heat – what really took place was the upshot of what you both are – in consciousness.

This involves your backgrounds. The conflict springs from the personality itself, the type of ego-drive a person possesses, the basic perceptions of right and wrong, the normal attitudes each have towards other people and life generally. Therefore, when you have conflict or confrontation, tell your opponent you are taking time off to stand still

and quieten your mind to be able to listen more helpfully.

Then – be very wise. Call on **Divine Consciousness** for an intervention of **Loving Consciousness** into the situation.

Try to realise – and visualise – that both of you stand in the **Light of Divine Consciousness**, equal in soul origins, equal in destiny – equally real, equally human, equally unique.

Until you can fully immerse yourself in this realisation – this state of mind – you are not yet ready to stand in the *Divine Light* to lovingly sort out your conflict and hurt feelings.

Return to your opponent and suggest you should meet and each have five or ten full minutes in which to clearly, quietly, explain your point of view, your perception of what was actually said – what the fight is really about, how feelings were hurt, how the matter should be resolved.

Choose to let the other speak first and again surrender the situation to **Divine Consciousness**.

If there is a great deal of bitter accusation taking place, try to subdue your own ego and remain **absolutely silent** and calm. This will be a great help to the other speaker, since he will feel he is being heard. It will obviate the feeling of frustration. Rationally, realise you are helping

your opponent but do not puff yourself up for being superior!

Try your best to see how much of what is being said is true about yourself – whatever it may be, if valid, bite your tongue and accept it. Be glad and rejoice – because in that moment you have had a moment of insight into your own human consciousness, giving you an opportunity to get rid of a facet of ego-drive.

Every time, you are able to rid yourself of a little ego-drive, you allow your soul more ‘breathing space’ and room for more active control of your personality. You also rise in consciousness frequencies of vibration and feel a degree lighter within yourself.

By these means you grow psychologically – and spiritually.

Listen to the feelings of the other person. Try to restrain your own and empathise with your sparring partner’s emotions. Feel ‘his’ hurt, ‘his’ indignation, ‘his’ anxieties. **Put aside your own – and feel his.**

[‘His’ represents both genders for brevity.]

Ask yourself – If someone had said or done to you what you have said or done to the other, how would you feel? If you can set aside your ego sufficiently to be able to consider this, then you are on the way to overcoming the kind of ego-drive which puts ‘self’ above every other consideration and is unable to see any other point of view.

Before speaking, calmly wait in silence until your sparring partner's ten minutes are fully up – even if it means he finishes before time and both of you remain in silence for a while.

Acknowledge as pleasantly as you are able, that you have heard what he has said and you can understand why he is upset. In that instant of self-control, realise that you have gained a modicum of control over yourself and you have taken the first step to healing the situation.

On the other hand – if you have not truly understood what he has told you then you are mentally blocking something he is saying which you do not want to hear or receive. Therefore, again, your ego is in control. Control it and invite him to explain further – and again do your best to put yourself in his place. Feel his pain. Understand his anger.

When you have received the other person into your understanding and acknowledged it, his ego defences will begin to lessen, you will see him begin to relax. Both of you will feel better.

Having done this, quietly, slowly, carefully – you then give an equally clear picture of the way that you felt in the circumstances. Do not use words calculated to set your opponent down and thus upset him.

Remember that:

- you are making an effort to control your ego as a prelude to unconditional love.
- you are working to achieve peace and understanding between you – not points.
- your reply should not lead to further conflict because you have used words likely to further upset him. If it does – then your ego has won the round **against you**. Your psyche has lost.

If you are both living in the spiritual frequencies of consciousness, it will follow that your opponent will accord you the same response of listening, thinking and acknowledging your position, as you gave him, but if he lives entirely in the earthly consciousness frequencies, you may encounter difficulties.

He may feel you are trying to score points by being ‘holy’, ‘superior’ or ‘bigger’ in some way. Calm him down; tell him it is painful to have conflict between you. You are only trying out a method to ensure both of you get a fair hearing from the other, and reach a truly mutual forgiving reconciliation instead of a superficial one when hurt feelings are left to fester in the mind and heart and body.

You should each give the other the right to disagree in gentle words – giving valid reasons for the disagreement. Find the fortitude within yourself to recognise that you, as a human being, cannot possibly be always right since you, like everyone else, has been born with a controlling ego-drive which forces you to take up and strongly defend

the position of 'top-dog'. Remember that whilst you believe yourself to be 'top-dog', he too believes the same thing. Humanly, he believes himself to be at least on an equal level with yourself if not superior. Whatever his ego causes him to think about himself, and his point of view, is exactly the same as your ego causes you to think about your opinions and ideas.

Letter 8

Original Transcript was numbered 6

PDF327 - D314 - O16 - B280

If, during conflict with another, you give time, space and understanding but only encounter stubborn resistance in the form of a continual statement of personal aggrieved feeling, then you are dealing with ego blindness and the only thing to do is to laugh, concede defeat, and walk away.

Providing you walk away with forgiveness and understanding of their controlling ego, you may have conceded defeat but you gained a victory over self and refrained from introducing negative vibrations into your consciousness field.

The very worst thing you can do to promote discord is to tell a person 'they shouldn't feel a certain way' or 'they do not mean what they are saying'. These two sayings are a gross violation of the dignity and respect due to the other and you have rejected the 'human reality' of the other person.

You may question a person:

'Do you really mean what you are saying?' If the answer is 'yes' then it must be accepted and the discussion should continue from that point.

Never ignore what another person is trying to tell you because you do not want to face up to what is being said. This is cowardice and gives points to your ego. Be brave and listen – with both ears open to receive the truth behind the words.

You must accept the ‘reality’ of a person – whether you agree with it or not, even if a facet causes you shock or displeasure. Remember, you do not know the full circumstances out of which that human consciousness has grown into its present form.

If you judge, criticise, condemn in any way, you have erected a barrier between yourself and that person which will not be removed, no matter how much you may wish to overlook everything negative in him and become friends in the future. Unknowingly, what you reject in him will remain in your consciousness as a foundation for future discords which will build up and eventually outweigh the affection.

Unwittingly, you will say things in the future reflecting your underlying secret mistrust or displeasure. Instead of accepting his weaknesses with love and helping him deal with and overcome them, you will put him on his guard against you and he will never fully trust you. Your ego and his ego will have had a secret battle which neither of you will be aware of consciously.

Love could turn to hate. Remember – your life is a STATE OF CONSCIOUSNESS in which thoughts and feelings are deposited as in a

safety box. Let acceptance and caring be the steel of which the box is made. When you have an encounter with someone to whom you are drawn, if only in friendship, and you discover that there are elements in his past which are contrary to your principles – you have the option:

- to remain in contact with him, fully accepting his past, and possibly in future situations pointing out the characteristic logically and lovingly, helping him grow, or if this is impossible,
- promptly removing yourself from the situation until you can see his problems from the perspective of loving acceptance inspired by Divine Consciousness and you find him receptive to your principles.

You must never accuse a person of acting out of an ego-impulse. All human beings are ego-driven to a greater or lesser extent. Never take a stance which will humiliate another!

Letter 8

Original Transcript was numbered 6

PDF332 - D319 - O20 - B284

...since to criticise, judge and condemn is as natural as breathing to the human ego, **do not attempt to deny your perceptions of what might be improved.** To do so is to deny the reality of the evolutionary process. The purpose behind existence is to experience – and improve upon your experiences. Therefore, do not judge or condemn or reject the deficiencies you observe in others but take your perceptions immediately to **Divine Consciousness and continually ask for a Divine Resolution of the problem.** Hold fast to the realisation that wherever, whenever, **Divine Consciousness** is drawn into a problem the end result is always growth and development for all concerned.

Try to bear in mind always, you are on earth to bring Divine Consciousness down into your daily life, relationships and circumstances. You are there to use your minds for this special purpose.

Letter 8

Original Transcript was numbered 6

PDF335 - D322 - O23 - B287

...the human 'personality' is like a mental-emotional cobweb, sometimes a dirty veiling of mass interactions between magnetic 'attraction/bonding' and magnetic 'repulsion/revulsion'. Spiritually evolved people can see this dirty 'veiling' clouding the skin of people whose language is coarse and their thoughts solely centred around earthly ego activities.

Alternatively, as an individual leaves behind levels of earthly thoughts and responses, the skin begins to clear and a light shines in the eyes. Whilst the 'earth personality' is imperceptibly dying away, the body becomes more 'spiritualised'. This is clearly visible to people who have the gift of spiritual perception.

Do not be afraid of future withdrawal from the earthly mindset. You will relinquish it, little by little, with infinite relief. Your true goal in life will become ever more clear and your determination to reach it will grow ever more strong.

You may argue that you are not often mentally or emotionally engaged in magnetic-emotional thoughts and feelings. But when you examine your spontaneous thoughts, you will find that you are completely

dominated by magnetic ‘attraction-bonding’ and magnetic ‘repulsion-revulsion’ thoughts all day long! Your mind keeps up a ceaseless chatter of comments and judgements, criticisms, wants, don’t wants, reactionary feelings verging on resentment or rejection, longing for certain things and fears that the longings will not be fulfilled, striving for success and irritation or anger with those who stand in the way of that success.

When the ego is in control, the one who prays does so with faith and yearning. Immediately, after prayer, on meeting someone, the trauma just taken to ‘God’ to be dealt with in the right way, is sorrowfully aired to gain the comfort of human sympathy, but – the consciousness form and force released during prayer, the ‘asking, the faith and the yearning’, are now cancelled by the self-pity.

Letter 8

Original Transcript was numbered 6

PDF337 - D324 - O25 - B289

Fear is a direct impulse experienced from the ego which demands that you measure up in order to be acceptable to yourself and other people and yet is very much aware that you do not!

Letter 8

Original Transcript was numbered 6

PDF339 - D325 - O26 - B290

‘I hope that bad-tempered woman is away from work today’

First, to be able to make such a statement, **in your hidden consciousness**, you have reviewed her behaviour and condemned her for the problems she causes by her bad temper. You have hung a label around her neck - ‘bad tempered woman’. You have created a consciousness energy force with her name on it. It won’t do her any good. You ‘want’ magnetically (not spiritually) that she should be **absent from work** to make life more pleasant for you. In the above statement you reveal you are in the grip of ‘ego’ completely, since you did not pause to wonder whether she was subject to any problem of ‘character personality’, any hidden sickness, misery, financial problem, causing her to be short-tempered. The hope she will be absent is in the nature of a ‘curse on her’. If your thinking was sufficiently passionate and powerful, she will probably pick up the negative consciousness energy force and suddenly feel too unwell to go to work!

The same principle is involved in the development of emotional tension into nervous breakdowns.

At the onset of emotional tension, the mind and emotions begin to race with magnetic-emotional ‘rejection-repulsion-revulsion’ feelings. A person engages in continual thoughts such as: ‘I can’t cope’ which is a rejection and outright denial of any existing energy that the person does have to deal with the crisis. ‘I can’t bear it’ also denies personal strength. ‘I hate this happening to me’ ‘I hate the person doing this to me.’ ‘I hate having to change my life-style’ ‘I hate, I deny, I refuse, I object, I oppose, I don’t deserve’. A particularly virulent consciousness form (thoughts) ‘I’ll get my own back’ is a mixture of magnetic-bonding-rejection. In reality, the ‘consciousness’ of such a sentence is:

‘I hate him and what he has done so much that I will teach him a lesson. I will do to him exactly what he has done to me. I’ll make him pay!’

This is pure revenge. Revenge is a boomerang which magnetically returns, bestowing suffering of some kind on the thinker. If he is on the Path to Christ Consciousness, it will also teach the sender a much needed lesson. All these foregoing thoughts and feelings including the killer resentment bring on nervous – even physical – breakdowns.

Letter 8

Original Transcript was numbered 6

PDF340 - D327 - O27 - B292

When people first come on to the spiritual path and seek a 'Higher Power', many are taught by 'self-help' teachers to engage in magnetic-emotional bonding thoughts to a greater degree, although such teachers have no idea that their instructions are serving to strengthen the power of the ego.

The spiritual aspirant is taught:

'If you meditate: 'God' or the 'power of my subconscious' will help me get all my needs', 'I'm going to visualise the house I want and I know I'll get it', 'I'm going to buy the clothes I need and have faith that I'll somehow find the instalments'. They concentrate on 'having faith' and on getting what they need or want.

At the beginning of their change in consciousness and the exercise of their faith, they do indeed feel great benefits. The desired objects do come into their lives, they find doors opening, they achieve success. This phenomena reveals that the material planes of their consciousness are becoming more spiritualised and as a result there are improvements in them. Life is less hard.

Letter 8

Original Transcript was numbered 6

PDF341 - D328 - O28 - B293

This is the time to wake up fully and realise that the outcome of the experiences are entirely up to you – not fate or destiny – but you – either working on your own or devotedly and consistently with **Divine Consciousness** arriving eventually at the height of felicity [intense happiness].

It is at this time also, that a person is challenged to use the mind constructively, reaching for the highest insights and ideals with which to master the emotions.

The difference between reactive thought – arising from impulsive ego responses to uncomfortable situations – and creative, *intelligent*, thoughtful thought, will become clear.

When this takes place – and the insight is put into daily practice – self-mastery is close at hand.

Only the teachers who can lead you through all the levels of self-realisation, remorse, awakening, changing mental/emotional patterns, moving ever upward into higher spiritual frequencies of

vibrations until reaching true **‘God-realisation’** – are the **Teachers of Truth** – who can truly lead you into the Kingdom of Heaven.

Letter 8

Original Transcript was numbered 6

PDF342 - D329 - O29 - B294

Remember, in your approach to others, be careful of their ‘egos’. It is their sole means of internal survival until they have gained a real and lasting glimpse of **Divine Consciousness** and they also perceive that they have within – and transcendent to themselves – a source of strength, power and inspiration.

You must also realise that in becoming individualised into bodily form and mental-emotional activity, you are subject to the laws of existence. You have been given individuality and identity and infinite potential of achieving **Christ Consciousness** and there is a price to pay for these.

For, perhaps, many lifetimes, (until you are educated into this rare knowledge of ‘self’), you will experience the vagaries and multitudinous complexities of life and relationships. In many lives in the past, you may have done outrageous things considered by others to be ‘sin personified’ but these magnetic personality experiences will have contributed to bringing you where you are today in spiritual perception.

Therefore, you should be able to accept that there is no ‘sin’ against a ‘God’ and there is no ‘sin’ against others. The ‘ego’ can only have total control and do reprehensible things because the ‘soul’ is still asleep

within the heavy cobweb bondage of the magnetic personality. Where this is the case, there is no possibility of persuading such a person he has done wrong against others. There is no interior illumination from *Light* to show him a better way to live. *IT* is entirely blocked by the ego magnetic consciousness. However, the pain such a person experiences (since everything he does to others will return with full measure and more), will ultimately make him question existence, and asking questions is the means by which to receive answers from *'DIVINE-LIFE'*.

Letter 8

Original Transcript was numbered 6

PDF343 - D330 - O30 - B295

...I said 'there is nothing to be transformed' There is nothing 'real' or 'eternal' in the personality. There is a great need to strip it away **to reveal the Divine within.**

In Palestine, I called this process a 'dying to self' which has proved to be a frightening statement. Because of it, many people have been deterred from stepping on to the path leading to the highest spiritual dimensions. And yes, that last step in the stripping process is indeed like a death.

A person loses an essential part of his human/earthly self whilst undergoing it, but the relief and the inner peace experienced when the struggle is finally over, cannot be described. Joy fills the heart. There is true security, rest and tranquillity in the silence of the mind. At last, the struggle for personal control is over. The person becomes a 'master'. There follows a time of spiritual rest and recuperation.

This is later followed by a stepping into a new dimension of 'being'.

Nothing in the human scene, 'matters' as it did before.

People criticise you? Previously, the magnetic personality would have made you feel angry because of your insecurity, your driving need to appear perfect to everyone, in order to gain approval. If you do not have approval, the ego argued, how will you survive? What will your life be like?

When the voice of the 'ego' has died away, there is no need to seek security for you are SECURE!

You know that you are sustained, maintained, nourished, protected, healed by '***DIVINE-LIFE CONSCIOUSNESS***' no matter what others may think of you. Your joy, gladness, happiness, personal fulfilment and contentment are all inside you. In fact, you no longer need 'otherness' at all.

Except, you are a part of all 'otherness', and when the ***Light*** fills you, you have a driving need to render to others all that '***DIVINE-LIFE CONSCIOUSNESS***' is pouring into you every moment of the day as you keep in constant touch with this beautiful dimension within you.

No longer do you reject the personality of others, everyone is acceptable to you, everyone is in need of love and now you have plenty of that to give. No longer is it a struggle to 'love unconditionally'. It comes spontaneously.

Whatever faults you may have left, whatever mistakes you make in your attitudes to others, as a result of remnants of the 'ego' left behind, these

are revealed to you but you do not shy away from self-knowledge but rather embrace it with love and thanksgiving. You discover that recognition and acceptance of the negative human reactions in yourself is both wholesome and healing. You happily accept and take responsibility for whatever mistakes you make and then when you have discerned the 'loving way', you let it go. You will experience inner peace, knowing that you have learnt something else valuable which will stand you in good stead when next you are challenged by earthly experiences. The time for deep remorse is over, since it has now done its work of releasing you from magnetic-emotional responses to life which brought you suffering in the past.

You have now entered what I termed 'Kingdom of Heaven' when I was on earth. You will find that all your needs are supplied and you will KNOW that any needs in the future will also be met almost spontaneously. This knowledge keeps you in constant touch with '***DIVINE-LIFE***' and gives you an immense sense of security.

Letter 8

Original Transcript was numbered 6

PDF346 - D333 - O32 - B297

I must impress on you that meditation should be – eventually – as simple as slipping into slumber.

The purpose of meditation is to enable your *entire consciousness* to move beyond the boundaries of intellect and reason.

There are teachers who will tell you to ‘imagine’ ... whatever you are told to ‘imagine’, you can rest assured you are not being assisted to go anywhere except into new imaginative realms of your own thought processes. What this method of ‘meditating’ will achieve for you will be a relief from the thoughts and stress that your ego pressures are creating for you. In the world of imagination, the ego may – or may not – be dormant.

Before commencing meditation, prepare by fully realising you are about to make contact with *DIVINE CONSCIOUSNESS* both within and transcendent to your consciousness – therefore *IT* is also out there and around you. Visualise exactly what this means.

Letter 8

Original Transcript was numbered 6

PDF350 - D337 - O35 - B300

Remember you have a lifetime of ego baggage to discard and dissolve.

No matter what you sense or are aware of during your meditation, when you come out of it, expect to sense a difference in your life. Remember that expectation is a 'consciousness form' and as you 'expect' you are opening the way for that which you 'expect' to be magnetised into your experience, whatever it may be you are needing or dealing with.

If you do not feel any new lightness of spirit, despite your sincere expectations, do not deny changes or doubt the possibility of them.

Letter 8

Original Transcript was numbered 6

PDF352 - D339 - O36 - B302

You live in the grip of the Ego which has given you individuality and bound you in fetters of emotional responses to life.

However, the time comes for the sincere and ardent seeker, the person who gladly follows the path of **'Christ Consciousness'** – **THE CHRIST WAY** – when 'he' meditates and penetrates the magnetic-emotional areas of the brain, to receive enlightenment which is impressed within the very topmost areas of the brain under the skull. New cells are impressed with new knowledge.

This is an ongoing process, and you will probably feel this 'opening' taking place in your brain.

You now begin to operate more and more within the superconscious mind which is in ever greater contact with **'Father-Mother-Life-Consciousness'** until the time comes when you can no longer bear the 'ego' thoughts and feelings dominating your normal every day consciousness and you die the death of total self-surrender.

Letter 8

Original Transcript was numbered 6

PDF353 - D340 - O37 - B303

How does the person behave, who has come through to freedom from the 'ego'?

Eventually, such a person is totally free of fear. There will be absolute conviction that wherever he goes, he is protected. Although he may go through potentially dangerous experiences, he will emerge unscathed. He will know that he has no need of sword or gun to protect him. He is protected against every negative eventuality wherever he is.

He will fear no sickness, since he will know that every built-in device in his system to keep him healthy is fully operative and working efficiently.

He will know that he will never 'want' for the things needed to make his life happy and comfortable. Continually, he will praise and give thanks to 'FATHER-MOTHER-LIFE' for all things already received and that will be received in the future.

He knows he will be guided to be at the right place at the right time.

He also knows that he can ask for whatever is needed and the response will come swiftly.

But the asking will come from his spiritually enlightened centre and he will never seek for anything selfishly but will always pray for things within the context of what will be good for his environment, community, family, friends.

He will have an open mind, knowing that TRUTH is infinite and whilst he may know much, there is always a further dimension to explore. This is what makes life in any dimension, even the Celestial Kingdoms of consciousness, so exhilarating and purposeful.

In his daily life, the enlightened soul will wake up with a mind empty of all but praise and thanksgiving. Eventually, he will be aware of the chores awaiting him, and giving thanks for the energy and the willingness to perform these tasks, he will go away to do them without any inner resistance or reluctance to start.

As a result of this attitude to daily routine, he does not waste energy on resistance in any shape or form. If there is a special reason to resist some suggestion or coercion, he will do so calmly and reasonably without magnetic-emotional feelings of annoyance or rejection.

He becomes the dispassionate observer, doing the right thing at the right moment.

He possesses his soul in patience, waiting for guidance, waiting for the right doors to open, waiting for confirmation that any plans are indeed divinely willed into being through his mind and heart and energy. He becomes a true man manifesting '**Father-Mother-Life-Consciousness**'.

He also takes on the feminine characteristics of universal love and becomes the embodiment of: Intelligent love or loving intelligence.

She takes on a more masculine characteristic of strength and strong sense of direction.

If instruction is needed by a person, he/she will exhibit loving intelligence and the person will be uplifted by his/her words.

If healing is needed, he/she will demonstrate intelligent love and the person will be healed.

This is the goal to which I lovingly commend you.

Letter 9

Original Transcript was numbered 7

PDF368 - D355 - O11 - B318

Are you able to see the ‘light of the soul’ within all living things – or can you see only their ego-drive – their darkness?

Do you realise that for the people whom you may reject or criticise, I – the Christ – have the highest love and compassion for them at all times? Whom you may be rejecting, I am radiating to them my unconditional love.

Letter 9

Original Transcript was numbered 7

PDF372 - D359 - O14 - B321

You may read these **Letters** and decide you want to continue as you are – in your ego-consciousness, trusting **Divine Consciousness** to help you through the difficult patches. But I can tell you that life itself will eventually convince you that any other way does not bring the rewards which your soul, hidden and silently waiting for release, is longing to experience – particularly that of full reunion with **Divine Consciousness**.

The greatest gift you can give **yourself** – or **anyone else** – is to gratefully accept into your own mind – and try to imbue in other receptive minds – the full inspired understanding of **who ‘you and they’ really are and what can truly be accomplished** when ‘you and they’ abandon self-will and look to the **SOURCE of their BEING** for help, guidance and fulfilment of every need.

Become a Light to yourself – and whomever can receive it.

Letter 9

Original Transcript was numbered 7

PDF373 - D360 - O15 - B322

Wherever a person exerts his ego over another, angry discords abound.

This is the very first Law of Existence which must be publicised throughout the world.

How then, should human nature strive daily to live in a world naturally dominated by ego-drive – the overpowering desire for self-satisfaction?

The answer lies in my statement: **‘Do to others as you would be done by’**.

This is the first step to overcoming ego-drive.

When involved in argument, let there be full justice rendered by each party to the other.

Listen – absorb – heed – make amends as far as possible.

Make certain that in your demands you do not make inroads on the well-being of the other party – be it personal, pleasure, business or

industry.

Remember that as you do to others, so will it eventually be done to you.

Letter 9

Original Transcript was numbered 7

PDF374 - D361 - O16 - B323

If someone wants to tell you how you have hurt them at any time – stand or sit still quietly and **know that this is a true challenge to your ego-drive. This is your big moment – your greatest testing-point.**

How will you handle it? Will you make excuses and defend yourself, considering, even saying, that your actions should not have hurt the other person – and were fully justified in the circumstances? If this is how you respond, then your ego-drive is still in perfect control of your consciousness.

If, however, you can realise that the great moment of truth is upon you – and because of this awareness – you are able to remain quiet and calm, listening to the other person's descriptions of their hurt at your hands, you are succeeding in the first overcoming of your ego.

The next urgent step is to put your own need to defend yourself firmly aside and sincerely empathise with what the speaker is saying. You will only be able to do this sincerely if you can be self-effacing enough to enter a place of inner silence where you can fully enter into their hurt, hear what they are saying and receive their pain into your heart. If you can do this, you will have got inside their skin. And when you can get

inside their skin and feel their pain, you will want to apologise from the very bottom of your heart for what you did; the pain you inflicted ignorantly and unknowingly will become your own pain and you will not rest until you have managed, through loving words, to remove all residue of pain from the other person's consciousness. You will then have healed the hurt and it will also be eliminated from your electromagnetic consciousness system. You have won a great victory over self. You will have reached that point of inner strength and endurance when you can truly perceive the reality of other people as being of equal validity with your own. You have recognised and accepted that others can be hurt by your actions in just the same way as you have been hurt by others.

Letter 9

Original Transcript was numbered 7

PDF377 - D364 - O18 - B326

To get through to ego-driven people you must continually speak in such a way as they will never feel threatened. This is the art of loving communication and you can only learn it by trial and error and dedicated practice!

Each time, you conquer ego in yourself, it becomes that much easier to relate to others because you are reaching an understanding of the function of ego in all people.

As time passes, and you are gradually released from the grip of your ego-drive, you will find that, more and more, you can listen to others with soul empathy and love. If they behave in a way which would have hurt or offended you previously, you will feel the welling up of laughter instead. You will then know that your soul is in direct touch with **Divine Consciousness** – for **Its** natural state is that of laughter.

Letter 9

Original Transcript was numbered 7

PDF378 - D365 - O19 - B327

Laughter is a gift of love for a creation possessed by, and needing relief from their egos.

As the ego-drive gradually relinquishes its hold over your mind and emotions, you will find that laughter bubbles up spontaneously and brings a wonderful feeling of release. The ‘ripple effect’ of laughter raises your consciousness frequencies of vibration not only because it is energy released where you most need it – over your heart – over your diaphragm, the seat of your emotions, but because **LAUGHTER** is directly of **Divine Consciousness**.

Therefore, laughter is Divine.

LAUGHTER and your inner child. As you read these **Letters** and meditate and your levels of frequencies of consciousness vibrations are raised, you will discover that old mental patterns are no longer comfortable in your mind. You will seek ways and means of ejecting them from your consciousness. As you move upwards spiritually and are ever more desirous of unloading unwanted **human ego-drives**, the conflict in your sensibilities will become increasingly burdensome, and you now long and pray for relief. You will find that when you turn to

Divine Consciousness and passionately ask for Divine Assistance, the help will surely come. You will successfully get rid of unwanted thoughts and reactions, and you will then discover that laughter becomes more and more spontaneous.

Letter 9

Original Transcript was numbered 7

PDF380 - D367 - O20 - B328

If people tell you to enter into ‘spiritual exercises’ and ‘imagine’ certain conditions – be sure that if you follow these instructions you will only keep yourself rooted in the material dimension of ego. Imagination has nothing to do with ‘spirit’. Imagination is the exercise of your own human consciousness which you should be trying to transcend by entering into higher levels of spiritual consciousness. These levels are not those of imagination but those of **‘Reality’** – regular spiritual levels of frequencies of spiritual consciousness vibrations. The spiritual frequencies are those of Divine Spiritual Consciousness, not of earthly mental imagination. Therefore, beware whom you would accept as your teacher.

Only absolute ‘Stillness’ and ‘Silence’ of your consciousness will open the door to the entry of **Divine Consciousness** into your mind and that is what everyone should be seeking. If you are thirsty and you need a drink – why imagine you are beside a lake? Go to the lake itself and take a drink of pure refreshing water. Again I say, imagination is not spiritual – it is the exercise of your will within your present level of consciousness.

Letter 9

Original Transcript was numbered 7

PDF380 - D367 - O21 - B327

I would have you know that this talk of RACISM arises only out of the ego-drive of those people who have felt themselves despised and rejected because of their racial differences. These feelings are rooted so deeply in the 'self' that no matter how circumstances may change for them and they may be able to progress in life, even becoming characters of extreme importance on the world stage of life, there always remains the feeling of inadequacy and resentment against the people who first made them feel inferior.

Letter 9

Original Transcript was numbered 7

PDF381 - D368 - O21 - B329

The feeling of 'worthlessness' arises to a large extent from the deep, deep awareness of the psyche that ego-behaviour is contrary to the highest principles of human existence. When this natural inbuilt drive of 'unworthiness' is reinforced by proximity with other apparently more prestigious or successful people, then this natural feeling of inadequacy takes on agonising overtones.

Articles

As the articles are fairly short the entire article will be provided for the full context of what is being said.

Article 1 - Cracks in Your Planet

PDF389 - D376 - B339

I have come this time, not to speak beautiful passages of spiritual encouragement to arouse your spiritual yearnings but to reach into your daily lives with your own colloquial language to shed LIGHT on what people are daily doing to themselves – their bodies, lives, relationships and to the planet generally.

It is their thoughts – leading to words – leading to actions with which I am particularly concerned at this time.

People of all races and cultures – heed me!

The majority of thinking people realise that all your scientific technology and widespread industrialisation are slowly killing your planet.

You recognise this.

But when will you wake up to the even more vitally important and compelling realisation that your ego thoughts, words, actions are equally destructive of your planet because these are consciousness energy forms – and consciousness energy forms are precisely what your world is

created from – consciousness energy forms.

Your entire world is nothing more than a giant consciousness energy form composed of billions of individual consciousness forms sprung from and based upon the Void of Universal Consciousness which you could term ‘God’ and have been evolved from apparent nothingness to its present state through the process of your own desires and longings.

Therefore, you must try to understand that when, daily, you pour your ego consciousness through the medium of your thoughts, words, actions, into your world, you are sending out consciousness forms which are entirely contrary to the Laws of UNIVERSAL CONSCIOUSNESS.

You are helping billions of other like-minded people to create a destructive force in direct conflict with your SOURCE of BEING, UNIVERSAL CONSCIOUSNESS which underpins and sustains all existence.

Inevitably, **CRACKS IN THE STRUCTURE OF YOUR PLANET** take place and people experience tornados, earthquakes, floods and blizzards – which are ALL physical manifestations of the breakdown of UNIVERSAL LAW, which is UNIVERSAL LOVE, governing your world.

Does this indicate that ‘god’ love has been withdrawn from the world?

No! There is no such thing as ‘punishment from ‘god’ – because no such individualised ‘human thinking’ god exists. This is a myth which should be erased from people’s minds.

But your planet and you yourself, have been individualised out of UNIVERSAL CONSCIOUSNESS which ITSELF is a Law which I constantly reiterated when on earth – the LAW of FAITH in good and evil. The LAW of CONVICTION.

Whatever you truly believe in – good, bad and indifferent will eventually be manifested in your lives.

Therefore, be warned, and use the knowledge in this book to free yourself of the world’s most destructive consciousness – ego consciousness.

Going to church will not help you. Sunday worship will not release you.

Your only hope of shaking yourself free from ego and the world’s destructive consciousness is to follow the CHRIST WAY.

The Christ Way is the WAY which I, personally followed and lived after full enlightenment in the desert – enlightenment which enabled me to return to Nazareth and embark on a new life of healing, teaching and control of the elements. Because my teaching was in direct opposition to Judaic teaching of retribution, and a vengeful Jehovah, I was eventually

crucified. Any other explanation of my crucifixion is spurious and wholly untrue.

Prior to my six weeks in the desert in Palestine, I was an idle non-achiever. After enlightenment, I was sole keeper of the secrets of creation and creativity.

My enlightenment is fully explained in **Letter 1** and my full transcendent perception of the truth of existence itself, is outlined in my **Letters**.

These are offered free to all who have the will and courage to WALK my CHRIST WAY leading ultimately to enlightenment, freedom from ego and entry into the Kingdom of Heaven.

Enlightenment can come in various ways – it can come as a mind-blowing experience which immediately transforms your perception of your SOURCE of BEING and your previous intellectual understanding of your world. True Enlightenment is an inflow of Divine Consciousness into your human consciousness which you will never lose and which permanently transforms your attitudes to your Creator and your life generally.

Or – through persistent study of my **Letters**, little moments of extraordinary insight, little times of illumining shafts of LIGHT will enter your mind which will shift the focus of your inner sight – or clear the lens through which you see the world and judge the validity of all its

opinions and beliefs.

Gradually, you shed the illusions which previously blinded you and you find yourself gaining mastery of your mind and actions, leading to wholeness in every aspect of your individual being.

Walking the CHRIST WAY – as set out in my **Letters** – is a lifetime work leading directly to freedom from anxiety and want.

As you read, you will find in them both my Presence and my Love.

Article 2 - Create Wonderful Lives

PDF392 - D379 - B343

'Create beautiful lives, wonderful sex.'

I have come again to talk, colloquially, about your lives and the way you approach your daily living. You get up in the mornings and have absolutely no idea of what really lies ahead. You plunge into your routine and speak sentences and say words without a second thought of their likely impact on your environment or of what they may do to your listeners or of what you are laying up for yourselves in the future.

You believe you are in control of your life but, in fact, you are all acting heedlessly and in total ignorance of what, minute by minute, you are creating for yourselves.

Just as importantly, you carry around an emotional burden which no amount of interesting events or exciting experiences can wipe from your heart and consciousness. Everywhere you go, the emotional burden lowers your consciousness vibrations and moves down into your nervous system and then into your physical cells, reducing the life force in them and their mode of functioning – including their efficiency in self-repair.

When you encounter opposition, your human ego stands up bristling in self-defense. Your Ego's job as 'Custodian of your Individuality' is to

ensure your survival. Therefore, it springs to your defense and you feel that opposition in any form, is intolerable and not to be borne.

As a result, you find your minds and emotions becoming agitated, resentful and heated, and you want to hit back, to make the opposition go away, whether it is justified or not.

This is something that people must understand about the Ego – it is absolutely lacking in insight, objectivity or spontaneous sense of justice.

When you are controlled by the Ego Impulses, the consciousness vibrations you are now emitting are so off balance, so devoid of good sense, that they adversely affect the people around you and create consciousness blueprints of so much disharmony that they begin to affect your future experiences, activities and situations.

It is vitally important to your future welfare and lives that you wake up to the fact that you are not victims of your circumstances and the experiences in your lives – but the CREATOR of them.

For instance, if, during the day, you create a rumpus or argument with work mates or boss, when you return home from your work to your nearest and dearest in the evenings, you may be still controlled by your resentful Ego. If so, you no longer speak from the quietness of your truth or from any spiritual values you may possess – for these will now be discoloured and distorted by the run-away emotions you created for yourself at work earlier in the day.

Equally, in the morning, you may emerge from your home (which should be a place where your spirit is renewed and your heart uplifted in warmth), but you walk through your front door swathed with the disquiet of early morning grumpy reactions to and from your partner.

Perhaps you had a row with your partner over one grievance or another and tried to heal it with sex, only to find that whilst the sex seemed to bring you emotionally closer again, it did not really satisfy, and it did not heal the resentment. You must understand that when you have unprotected sex, you exchange not only your body fluids but also your consciousness.

Many people's consciousness is constantly so reactive, even hostile, towards mankind and life generally, that it not only reduces the physical health of the individual but also adversely affects the partner's physical and emotional wellbeing.

When, after a hurtful row you have sex to 'make-up' the quarrel, you are then also infused with the consciousness of your partner's bad feelings. All unknowingly, you take those to work with you as well as your own.

I am explaining to you exactly how your earthly world (which you call solid), but is really CONSCIOUSNESS energy – is fashioned out of bad temper consciousness forms or those of love and good humour – affecting your health and performance in life for good or ill. Whatever kind of consciousness you are creating, you leave your energy imprint on everything you encounter ... including your car, your computer and anything else you may be using during the day.

‘How can this be?’, you will probably ask.

Because the entire universe with all its galaxies, is only CONSCIOUSNESS – LOVE/INTELLIGENCE in Its highest form working through the interactions of electromagnetism. ELECTROMAGNETISM is really the ‘stuff’ of human mind power and emotional impulses – as they are seen within the field of earthly life.

Read Letters 5 and 6 until you fully understand that nothing is solid. All you see, feel, touch, are really CONSCIOUSNESS IMPULSES made visible through the interplay of electromagnetism.

When you have fully understood this and have seen the true place you occupy in creating good health or non-health, happiness or non-happiness FOR YOURSELF AND OTHER PEOPLE – you may then be persuaded that the only sensible way forward is to –
WALK CHRIST’S WAY the WAY of UNCONDITIONAL LOVE

How can you begin to change your normal thought patterns and master your unruly emotions?

You can do it by exercising willpower. But when you rely on your willpower, you are leaning on the same ego consciousness as causes you to lose your sense of emotional balance. This is like using treacle to wipe away a mess of treacle.

Or you can learn to control your Ego by seeking to know and make contact with the SOURCE of your BEING, Which I termed the ‘Father’.

Read Letters 7 and 8.

You are not alone. With consistent prayer and meditation, eventually you will make contact with THAT which will prove to be your greatest source of good and comfort in the world.

No doubt, many people will wonder whether Christ approves of or condemns condoms. Christ's vibrant answer to this is:

No new, creative ideas ever come from the human brain cells. People who invent and create something new, receive the new idea from the Universal. Whatever comes from the Universal can be used to benefit creation.

The creation of the condom was one of the most loving and wonderful gifts and blessings to appear on earth both outside and within the bonds of marriage. It has brought relief to women sorely burdened by the demands of importunate men. It has been the means of sparing unwanted children the misery of an unloved existence. Countless children may have been born into poverty and died early deaths. With the arrival of Aids, the condom is certainly a means of protecting a partner.

But, it must be understood, there are facets of existence where MORALITY should be exercised. **Letter 9** is very clear on what is TRUE sexual morality, true SPIRITUAL and blessed sex, which the Church knows nothing about.

Article 5 - Walking in Love

PDF402 - D389 - B353

WALKING IN LOVE – BECOMING LOVE

As I said to you in my last article, this series of notes to you will be practical and down to earth, using colloquial language to reach you more easily.

I know that as soon as you hear a message concerning ‘love’, you may react with a lift of your shoulders, thinking:

‘Yes, that is what they all say. Very easy to say Christ has sent a message about Love – but tell us something new, something real!’

The very first thing I want to tell you is this:

There are two kinds of love – both completely different. They arise in two different dimensions of being.

One is Spiritual and unattainable by the human consciousness until it has gone through specific stages of initial ego-cleansing.

The second love is human and has nothing to do with Spiritual Love.

When a person’s soul begins to free itself of the Ego, it begins to impress within the person’s consciousness an urgent need to get rid of the

barriers which shut one person off from another and to feel spiritually at peace with other people. This is an advanced state of the soul which will now meet a personal Master to lead him/her through the various stages of death of the Ego.

If you examine the nature of human love, you will find that it is entirely based on ‘a desire for something which will give you pleasure’ – whether it be new clothes, different foods, a new house, more opulent car, new partner.

That is why human love evaporates with time. If you come across a man or woman who continue to care deeply about their spouse’s welfare after many, many years together, you can be sure that certain aspects of the lover is ascending into the spiritual dimension and absorbing a capacity for unconditional love from higher realms.

When you encounter the mindset: ‘I no longer love you and want someone else’, you will recognize that this is Human Love, governed by Human Ego speaking, and the consciousness of that person is quite unable to say anything different as that is the level of their personal spiritual perception in your world.

Therefore, they are not in any way to be judged –

Now if you have one facet of your consciousness already in the spiritual dimension, you will be able to reply quietly and patiently to the partner: ‘I see. I understand your statement. You must do what you feel you have to do in the circumstances. Go in peace. Would you like me to help you pack and call a taxi?’

If, on the other hand, such a statement is ever made to a HUMAN consciousness, governed by the Ego, he/she will yell:

‘I always knew you were a s.. of a b.... I don’t want to see your ugly face again ...’ or words conveying a similar message of angry rejection.

OR

He/she will scream: ‘After all I’ve done for you. Is that the way you repay me?’

OR

He/she will weep and say: ‘You know you don’t mean what you’re saying (although he has made it quite clear he means what he is saying) and you cling to his leg whilst he drags the partner out of the door.

(I told you I would use colloquial language to get through to you. My Recorder is shocked and did not know what I really intended doing before we started these articles.)

I think that you are now beginning to understand ‘Ego language’. Because you recognize: ‘I WANT.’ or ‘I DON’T WANT – SO I REJECT.’

BOTH FEELINGS ARE PERFECTLY LEGAL and LEGITIMATE (according to Universal Law) providing you are not making anyone else suffer by stealing, or running away from them.

If you read Letters 7 and 8, you will come to understand exactly what I mean by Ego Love and SPIRITUAL LOVE. You will learn how to move through the Ego Barrier to make contact with the spiritual vibrations of UNCONDITIONAL LOVE to make it possible for you to feel and express true, spiritual, unconditional Love.

This is essential if you intend to Walk Christ's Way.

Article 6 - You are NOT alone!

PDF405 - D392 - B357

I have come to speak to you in colloquial language, as far as I am able, to reach people who have not yet found my **Letters** and who, presently, see no reason to read them.

In fact, my **Letters**, explaining what I taught in Palestine and giving further explanation of the origins of creation, will give receptive people the means to overcome every difficulty encountered in existence.

This may sound like a far-fetched claim but it is nonetheless true. The **Letters** give you the information known to true Masters who showed that they had control of ‘atomic states of being’ by controlling the elements and creating food and objects from nothing. I also controlled the elements, healed and created necessities, and was only able to do so because I possessed the deep and secret knowledge I have shared with you in my **Letters**.

Do not compare my message to you with the messages from others.

Everyone has their unique mission and purpose in life – and mine is **EXCLUSIVELY** to give you the exact means to lift yourselves out of your present turmoil of existence – nothing else. Therefore, my messages may be repetitive but they are directed solely to inspiring and helping you to make a decision to follow **CHRIST’S WAY – MY WAY**,

no matter how difficult you may find that way to be. You will persevere because along My Way, you will find rewards which will prove to you that you are definitely on the right path.

But you cannot put foot to My Way until you realise fully and completely that the entire universe is CONSCIOUSNESS – AWARENESS made visible through the interaction of electrical particles and magnetism.

This is fully explained in **Letters 5 and 6**. But reading alone will not make you a Master. A true Master understands that the ORIGIN of all creation is UNIVERSAL CONSCIOUSNESS and that IT is the Divine Source of all Love and Intelligence. To be a true Master, a person has to understand the way the universe has come into being, know, intimately, the true nature of UNIVERSAL CONSCIOUSNESS, and has to so purify himself of the impulses of the Ego, that he is absolutely free of all ego impurities in his mind and emotions.

When he reaches this state of inner cleanliness of thought, feeling and action, never demanding of others but willing and eager to give to the uttermost of all he possesses, because he knows perfectly well that he can have anything he needs, he will be a perfectly open channel of DIVINE CONSCIOUSNESS which is the creative Impulse within this dimension of visible creation.

When he has achieved such a state of inner purity and cleanliness, he will live in a state of inner joy, peace, and unconditional love. He will understand the living world and the difficulties such living things

encounter and feel an immediate and spontaneous love and compassion for all.

He will have transcended the world and its millions of self-interests, self-indulgences, experiences of despair, fear, revenge, hatred, slandering, gossip, rejection of others. All these worldly activities will go on around him but he will not experience them himself. He will only feel boundless compassion and love for them. He will only long and yearn passionately, to TEACH the world the TRUTH OF BEING.

He will make every sacrifice with joy, to help people understand the TRUTH and live it in their every thought, word, deed. He will do this, because it will be painful for him to know that as people stubbornly persist in their own way, thinking, feeling, reacting, in any way that their emotions prompt them to do, they are only creating more of the same misery which has driven them to seek a way out of it.

When people eventually find their way out of the morass of their chaotic thinking and emotional reactions, they discover that this is the only true way to happiness and they are exceedingly relieved and grateful that they have managed to surmount their habits of thought and feeling which previously pulled them down into experiences causing them pain and misery.

Do not marvel or question that it is truly I, the CHRIST, speaking to you. I come to speak to you through the total emptiness of my Recorder's mind and heart – and speak those things which are necessary for you to know to start to put behind you the sadnesses and despair of the past, and to give you the courage and incentive to start anew, daily meditating

and drawing into your human consciousness the Divine Consciousness which brought you into being in the world.

Above all, I want you to understand you are not alone in your struggle to live comfortably and happily. You are not alone in your battle to change your habits of thoughts and feeling. The more you call upon for Divine Consciousness, even if it is only a momentary connection you set up, you are drawing into your consciousness new life and moments of Intelligence and Love which will inspire you to an even greater degree as you persevere and DO NOT LOSE HEART.

As you call on me, you will make contact with my Christ Consciousness and will eventually be aware of my response and instruction when you have questions to ask.

Remember that it takes time to purify your thoughts and emotions and negative reactions to other people.

Until you have got rid of your deep and darkest feelings of anger, vitriolic criticism, rejection, resentment and frustration, you will not be able to hear my Voice.

Remember that to receive even my first whispers in the silence of your meditation or during a moment of inner quiet, you have to make changes in your consciousness, you have to become fully aware that LOVE is the only way to freedom, and this takes patience and time.

You are not alone. We who have moved into the highest echelons of spiritual realisation and Divine Consciousness have only love for you

and our most urgent desire is for your escape from travail and your progression into Light, wisdom and unconditional Love.

Article 8 - When are you going to WAKE UP?

PDF412 - D399 - B365

When I last spoke to you, I was saying as clearly as I could through my Recorder's mind:

WHEN ARE YOU GOING TO WAKE UP, GROW UP AND DECIDE YOU WILL HAVE THE COURAGE TO CAST ASIDE YOUR OLD WELL-LOVED MYTHS OF A BLEEDING CHRIST ON A CROSS, PAYING FOR YOUR SINS?

When will you accept MY Truth – the truth that I, Jesus, was seen to be a threat to public peace and a THREAT TO THE JEWISH LEADERS because I taught the people about a God of Love. A GOD Which did not need sacrifices!

I taught people that FORGIVENESS was essential to experience a happy and healthy life, whilst the Jews taught 'an eye for an eye' and that their GOD sent them into Holy Wars against the 'pagans'.

I, the true Christ, taught them that they should not be worried about unclean drinking cups but should watch what came from their minds and mouths.

Those who have insight and understanding will recognize that I have returned and am enlarging on this simple theme and explaining WHY I

taught the principles of life which people now need so urgently to save themselves and the planet from wholesale disaster.

Read Letter 1 until you fully understand it.

Read Letters 5 and 6 until you fully realise:

- that you **THINK** and **FEEL** with the same energy as your world is created from.
- that your thoughts are electromagnetic blueprints which eventually externalize as events and things you have either longed for – or greatly feared – **OR**, as those things which, good and bad, you have done to others.

Don't dismiss these **Letters** as having no bearing on your lives.

They explain exactly why **LOVE** is the very stuff of which your body has been fashioned. When you live with anger, resentment, and dislike in your hearts, you are actively creating negative forces which gradually undermine your health and destroy your bodies and your lives.

Because the **Letters** describe the true **NATURE** of 'THAT' Which has brought all visible things into conscious being and your exact relationship to IT, with the **Letters'** help, you can change your own self.

You can become the kind of person **YOU** will be happy to live with.

Never again, will you have to be told to love and respect yourself.

When you have read and reread And LIVED my **Letters** daily, you will respect and esteem yourself spontaneously – naturally – JOYOUSLY.

You will rejoice in WHO you really are and in your limitless potential for creativity.

THIS IS NOT A NEW AGE teaching.

My CHRIST TEACHING remains and will remain the same throughout eternity:

‘It is the ‘Father’ – DIVINE CONSCIOUSNESS – does the work of creativity in me – and will do so equally in you when you overcome the ego.’

‘When you, too, BECOME Universal Love.’

Article 11 - Christ Consciousness

PDF419 - D406 - B373

It is not enough to be concerned about your life on earth. You should be equally concerned about your life and wellbeing when you move into the next dimensions.

Here, more than ever, you find yourself within the dimension of 'Being' which is the outer manifestation of your own consciousness but to an even greater extent than when you are on earth.

When on earth, you do create your own unique environment from the fabric of your overall consciousness, but you can also partake of your neighbour's environment when you meet or live together. This means that when you are on earth, you can move into a more pleasant environment, meet more pleasant people than your own consciousness normally creates or attracts towards you. But this incompatibility leads to friction and discomfort.

People either feel out of their comfort zone or stifled by the higher consciousness they encounter and can't wait to get back to the lower consciousness environment in which they feel at ease. Some people are drawn and born into a consciousness strata in which they feel they are aliens and spontaneously begin working, even in childhood, to move away into the strata of consciousness in which they will be able to thrive.

The level of **CONSCIOUSNESS** you die with, is the level you will bring back.

Sometimes, a person with a high level of spiritual perception may be drawn, at birth, into a family of lower spiritual levels because the environment will strengthen their awareness and increase their spiritual stamina as they struggle in their early years to return to their rightful consciousness 'home' in the spiritual stratum on earth – and later, in the next world.

Just as you experience your undeveloped consciousness when you pass over, so do you go into the higher dimensions which reflects your own consciousness when you have reincarnated several times and worked on gaining spiritual insight. You find that you and everyone else you encounter, is of the same consciousness. You will be magnetised into the conditions which are compatible and by reason of your own creativity, you can perfectly contribute to.

If, on passing over, the consciousness has been ego-oriented and vicious, the individual will quickly reincarnate, since the feeling of discomfort will be intolerable. Gladly, such a person returns to earth in another identity. At this level of existence, earth conditions seem to be preferable to those in the astral world. It takes many lifetimes before the soul awakens to the fact that escape is only possible when the human mind sets itself to try to lift the perceptions and consciousness to a more endurable comfort zone.

The more spiritual the consciousness of a person before they pass over, the more that they have looked back over their lives, gained insight into

the ego control of their minds and feelings, the damage they have done to other people's lives, the unhappiness they have caused, the greater the spiritual progress will they make.

As they experience burning remorse, so does the pain of the remorse eradicate the ego-domination in their minds and hearts, until, little by little, they eventually leave this life fully aware that the **PATH of UNCONDITIONAL LOVE** is the only way to follow.

Such people fully understand, acknowledge and are clearly aware that all misery – sickness, deprivations, lack of success, unhappiness are derived from lack of LOVE in one's approach to life, people, environment. CRITICISM is the biggest obstruction of all to inner happiness because it is highly destructive. It is reflected in the person's life because when you judge, judgement comes home to roost, as the saying goes.

Criticism of others interferes with their wellbeing and consequently, as we damage others even in the slightest, again, the damage will return with interest.

Therefore, when you undertake to walk Christ's Way, you must understand that it is a path of relentless self analysis and finding the courage to look at your actions in the light of LOVE, willing to see the truth about your thought and emotions.

As you move forward along the path, it becomes easier to move into a perception of the truth of others, of what drives them, motivates them, causes them to make mistakes in their relationships, in their workplace and close family.

The more you can empathise with others, understand what motivates them, perceive the difficulties which push them into ill-considered actions, the higher becomes your own spirituality, your own sense of compassion and love towards those who – you now realise – are really doing the very best they can in the environment and circumstances they have created for themselves.

From this standpoint, it becomes easier and easier to apologise, until the time comes when, seeing the truth of the other person so clearly, you cannot wait to forgive and erase all tension and criticism of them from your thinking.

When it comes your time to pass over, such an illumined person, living in peace and harmony with the entire world, will move into a state of utter blessedness and joy. They move into Light and there is no looking back at earth. At last, they find that they have moved into that dimension of Being where they are content and fully at peace.

After a while, they begin to notice that there are even higher dimensions of existence and they set about preparing, enlarging, expanding their consciousness to absorb even higher vibrations of Divine Consciousness and they become ever more creative and radiant transmitters of UNCONDITIONAL LOVE.

Such people are truly the **CHRIST CONSCIOUSNESS**.

Article 12 - Life More Abundant

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I said, when I walked the earth in Palestine,

‘I HAVE COME TO BRING YOU LIFE MORE ABUNDANT’.

Has anyone in the Christian Churches ever truly understood this statement?

Life More Abundant in your human minds may mean more energy, vitality, health – perhaps even riches.

But from my perspective of having BECOME the individualisation of LIFE ITSELF, I meant something so far beyond your human perceptions at this moment, that I know this is the right time to try to lift your consciousness to the higher levels of spiritual consciousness where you will begin to glimpse the TRUTH I was trying to reveal to the Jews in Palestine.

LIFE MORE ABUNDANT!!

In the earlier words of this statement, I tried to make it clear that your human perceptions are limited. In fact, unless you have already been on a true spiritual path, seeking the Reality of THAT which gave form and consciousness to all creation, you will be bound down by your ruling ‘Sovereign’ – the Ego.

The EGO sorely limits the breadth of your human perceptions and vision, since it forces your consciousness to focus exclusively on your own happiness and survival.

It is only when the soul of a person first sends out a message to its human consciousness that there is more to life than ‘the self’, that the individual begins to want to discover more about life and about the Origins of life.

As the consciousness of the human mind is gradually woken up from its long subordination to the Ego, so does it begin to question much that lies beyond its present knowledge. At the beginning of its quest for greater knowledge of the unknown, it will probably be drawn to a religion, since it would seem, humanly speaking, that the Churches must hold within their wisdom and teachings, the secrets of the Source of Life.

This Christian subservience to Religious human domination, claiming to know the secrets of the universe, is a good kindergarten for the opening consciousness of Ego-directed minds.

Thou shall worship God; Thou shall not kill; thou shall not steal; thou shall not commit adultery and sleep with your neighbour’s wife; thou shall not slander and tell lies; thou shall not envy your neighbour’s goods; and so on.

All these rules belong to the control of the Ego Kingdom. They do not apply to the spiritual realms of the soul. The soul knows nothing of such human impulses.

The very first injunction: ‘To worship the Lord thy God’ is a pagan concept.

PAGANS put up fetishes to worship. SPIRITUAL ADEPTS move beyond this elementary human practice and begin to experience the Infinite – Divine Consciousness which is transcendent of all forms of consciousness on earth.

When coming into membership of a Church – especially a Christian or Jewish religion, the first instruction is to remember at all times that you have come from a great SOURCE which has given you individuality and consciousness. Because this is so, you must refrain from the Ego Impulses.

The Ego Impulses impel you to either grasp those possessions which you believe will make you more comfortable or happy, and to push away, defend yourself, physically if necessary, from those elements and things which make you uncomfortable or are perceived to be dangerous to your life and wellbeing.

On entering a religious observance, your immediate attention is drawn to God and you are taught that to ‘please’ God and ensure your own happiness, you must avoid all the ego impulses listed above. But this is still an ego-driven precept. Since the unacknowledged purpose behind it is the aim of finding happiness and security.

If you belong to a Christian Church, then there is usually the following:

‘Unless you please God – you sin.’

As you may be able to see, this statement places severe limitations on your ability to appreciate life. You are placed in a mental cage imprisoning your mind within these dire warnings that unless you please God, you will sin, and punishment inevitably follows. How this punishment will be recognized is never said, **BUT THE THREAT LIES OVER CHURCH GOERS' HEADS**. Some people are greatly depressed by this teaching.

This is a severe restriction of the **LIFE IMPULSE** which is, in its fullest sense, boundless **JOY**, enthusiasm, laughter, love, spontaneity, a feeling of wellbeing and an inbuilt sense of optimism – that life will never let you down – that you will have enough to eat, drink, clothe yourself and everything needed to make your lives happy.

LIFE is an active stream of consciousness having its origins in **UNIVERSAL CONSCIOUSNESS**. **IT** unites – and ignites – dormant **SEEDS** in plants, animals and human beings, and impels them to grow according to an innate plan which science calls **DNA**.

This is the true universal, eternal **LIFE IMPULSE** which is yours by right of birth into this world. You can witness it in children, before their little minds, coached by adults, begin to wonder whether **LIFE** is really so secure, and free of pain and misery, as they thought it was. Instinctively, babies lie on their backs and wave their arms and legs and gurgle with laughter. '**BEING ALIVE is GOOD**', they are saying. Providing, of course, they have had the good fortune to be born into loving families which cater to all their needs.

But there is a far deeper ASPECT OF LIFE – which is really UNIVERSAL CONSCIOUSNESS become active within Its own creation of the galaxies and earth itself.

It is an aspect that was given me to perceive clearly and UNDERSTAND when I was in the Sinai Desert in Palestine. I saw that the ORIGIN of LIFE, the SOURCE of our BEING, always manifested Itself through all living things from the very least to the greatest, from a pansy to an elephant, in a very special way, an intelligent way. It was so consistent, you could call IT the NATURE of THAT which has brought all created things into visible being.

ITS NATURE is also the SOURCE of all earthly wonder, joy, happiness, personal fulfilment and creativity.

No matter where living beings, humans and animals, may go, they are literally supported minute by minute by the indwelling NATURE of our SOURCE of BEING. There is no escaping it. BUT – until I came to earth, and then, not until I returned through the mind of my Recorder, has this great TRUTH been taught, showing its full significance.

You do not have to chase happiness, or success, expansion of your dreams, or health – because ALL OF THESE are already within you, being impressed in you by your SOURCE of BEING, your SOURCE of LIFE. All these things you so earnestly and rightly long for – are YOURS. But they do not appear to be yours, because they are hidden under all your mental structures, beliefs, opinions, created and handed down by your ancestors and their ancestors before them – and it is high time that you, – as many of you as are capable of taking necessary

action, can launch into a wholesale reupholstering of your mental programme.

Strip away the myths, strip away your bogey men, your fears, your despair, your frustrations, your anguish, and wake up – STAND UP and REALISE that they are all in your mind, born of your personal mental conditioning, AND GET RID OF THEM.

More easily said than done, you will no doubt be thinking, but the GREAT TRUTH of BEING is THIS –

‘YOU ARE NOT ALONE.’

There are teachers who will preach positive thinking – but I never did that. I told you clearly that the KINGDOM OF HEAVEN IS WITHIN YOU.

What I meant was that LIFE is the source of ALL you could ever want – providing you allow it to work in you by sweeping away all doubt AND by BELIEVING THAT IT WILL BRING YOU INTO PROSPERITY, JOY AND FULFILMENT to the extent you can rid your minds and emotions of old ego thoughts and feelings.

THIS is what I meant when I said: ‘I came to bring you life more abundant’. I came – and I am come now – to awaken you to the fact that LIFE within you, grows you first of all, then it grows your plans, hopes, expectations, it brings to you all the necessary assistance to enable your plans, hopes and dreams to grow in the right and perfect way which will bring life to other people also. IT enters into your difficulties and brings

healing where your heart is sore or your bodies succumb to illness. IT mends catastrophes in your life in the same way as IT heals broken bones. IT fulfills all your needs as they arise – in the perfect way. And LIFE, unlike human beings, maintains a system of order in all IT undertakes to do.

All these are ‘LIFE MORE ABUNDANT’ – more than you dreamed possible. Put my words to the test.

Make a clear form of your dearest wish in your mind. Take it to Divine Consciousness in silent meditation, ASK, give sincere thanks that you are receiving. The request is now filled with LIFE and must come into manifest being in exactly the same way as a seed grows when put in earth and watered. Wait, give constant thanks for receiving, never doubt, and you will receive a very clear answer.

It is possible that having read this message, that ‘all things beautiful and wholesome, including healing, are already yours’, you wonder why it is that you still have your chronic illness or poverty despite your prayer and your belief. You seriously question how much you can really believe.

I can only say that true belief is a relatively rare condition.

What is TRUE BELIEF?

It is a moment of overwhelming transcendent conviction when you KNOW way beyond all negative and fearful disbelief, that LIFE IS more powerful, more transforming, more perfectly in control of atomic elements than any sickness can ever be. Then – as hundreds of

chronically and critically ill people have testified down the ages, the longed-for unimaginable miracle takes place, and suddenly there is felt an inflow of heat and power, perhaps a Light is seen, and wholeness of mind and body are experienced where before there was sickness.

It can be done. Miracles also occur over a longer time span and are therefore discounted but may well be as much a result of ongoing faith as the quick spontaneous healing. Other miracles of ‘fulfilment of need’, take place far more than you realise they do. Seek to BELIEVE, pray for BELIEF – and when you least expect it, it will be given you. Seek to be absolutely consistent in all your efforts to find and make contact with the Divine – and it will surely be given you.

It is a LAW OF EXISTENCE that when you ASK you will receive. When you SEEK, what you seek will be revealed to you. When you knock it will be opened to you.

Take comfort. Believe!

Article 13 - If You Believe...

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I am coming down to speak to you colloquially through my Recorder at certain times, to try to awaken in you the realisation that all of your troubles, distress and limitations are already within you.

This is because your thoughts arise from your indwelling characteristics. And all that you experience in your life is the manifestation of your habitual thoughts and words.

Many of you speak of having 'Power' but what I am trying to give you is the most 'Powerful' Truth in your universe.

It literally **MAKES** or **BREAKS** your lives, health, possessions, relationships and happiness.

There are very popular talk shows seeking to help people change their perceptions, attitudes, thoughts, words and actions in order to live more constructively and happily in relationships. The human mind is asked to dredge up enough energy and willpower to eliminate its own wrong thought patterns and words.

Since all **THOUGHT** arises from congenital and planetary vibrations, this is a very difficult thing to do – and few there are who manage to do it.

There is another way which, if followed consistently and faithfully, ensures that people will be successful in their attempts to turn their lives and emotional state around into that of success and joy.

The way is CHRIST'S WAY which I have outlined in my **Letters** dictated through the specially prepared mind of my Recorder.

Since these **Letters** were first distributed, people have tried to live according to the Truth contained in the **Letters** and have reported great changes taking place in themselves and in their lives and environment.

Following CHRIST'S WAY leads to a great deal more than simply being able to get on better with other people. It leads to an ongoing, yet secret, positive change taking place in a person's consciousness, so that after a while, they find that, all unconsciously, they are reacting easily and happily in more constructive ways to external stimuli.

They find that the things which they have sincerely longed for are, at last, coming into their experience.

They can carry burdens more easily, more certain of an eventual successful outcome. They spontaneously find that they reject old critical thought patterns with distaste. They wonder how they ever indulged in such destructive thinking towards others.

Instead of personal change becoming a daily struggle, they find there is some Super Power – Life Force – Divine Consciousness entering in their minds quietly and silently, enabling them to find new HAPPINESS.

My **Letters** to the world are tremendously important, and urgently required by those who can understand them. They go into the scientific facts already known to scientists – but they go even beyond these into the true CAUSATION of scientific facts.

They are vitally important because they explode old myths which HAVE HELD PEOPLE BACK IN THEIR SEARCH FOR SPIRITUAL TRUTH.

They explore the so-called mysteries of creation and life itself.

Very importantly, they clearly describe the origins and true nature of the Ego and the right way to deal with it when it hinders the best interests of the self.

The **Letters** also describe the origins of creativity and the ‘ground’ out of which all created things have taken form and being.

If you believe that I ever existed as ‘Jesus’ in Palestine, hopefully you will be sufficiently open minded to accept that, when most needed in your world, I have indeed returned through the prepared mind of my Recorder to speak to you directly.

If you have no belief at all, unfortunately, I cannot send my spiritual consciousness vibrations to enter your brain cells and switch your thoughts around or open your perceptions. To do this against your will, or without your invitation, would leave you permanently brain damaged.

So, until life experiences trim away your mental obstructions, you will remain unable to accept the great TRUTHS expressed in my **Letters**.

But you are as much within the radiance of my Spiritual Thought as are all others who gladly listen, hear, and follow my words.

I am always here for you, but whilst you disbelieve – you shut out all spiritual insight emanating from me.

Those who believe can be assured that my Truth is real and valid because the Truth I have set out for you as clearly as I can through my Recorder, was the Truth given me in the Desert in Palestine.

It was as a result of this TRUTH THAT I COULD COME OUT OF THE DESERT AND BEGIN TO PREACH and HEAL.

I beg you, WAKE UP! You can come to me for comfort, spiritual insight and emotional strength. I am very much alive in Celestial Kingdoms.

You can meditate and open your hearts to Divine Consciousness and receive Its healing, guidance, spiritual insight.

But you can only receive to the extent that you truly believe you are able to make true contact with me and the Infinite.

But if you BELIEVE, you have but to ask – NEVER DOUBTING – and it will be done for you.

It is my most ardent longing that you may heed these words, and really study and practise all the **Letters** have to teach you.

I long for you to experience real happiness, real spiritual security, real fulfilment of all your needs in a way which will have no drawbacks.

Article 14 - URGENT Message from Christ!

PDF432 - D419 - B387

I am coming through the mind of my Recorder because there is something **URGENT** I have to say to you!

Love your enemies; forgive those who ill-use you; pray for those who speak evil of you, ... and if you cannot do this in your own strength, seek by all possible means to do it in the power of spirit – **Divine Consciousness**.

PRAY and MEDITATE and ask for help. It will be given you if you persist.

If the ego persists in forcing your thoughts downward again to virulence and anger and raising all kinds of arguments as to why you should condemn someone who has deeply hurt and even wounded you physically, go into meditation again and again, seeking insight and relief from your dilemma, asking to have these troublesome recurring angry and vindictive thoughts removed from you –

NOT to please God

– as you have been taught by the churches, but to protect yourself from the whiplash of your angry thoughts which rebound in your lives bearing violent upheavals and further rows and arguments to deal with.

FOR – whatever power you give to resentful thoughts, that power will send a direct electrical stream of consciousness to the person who hurt you, –

AND the stream of consciousness returns, zinging its way back to you in due course, like a boomerang.

You must know that every electrical field creates a like magnetic field – the two always work together – so that **WHAT GOES OUT EVENTUALLY RETURNS.**

This is a scientific law of existence but what science does not yet admit is this:

- Electrical force powers the mind; it is the consciousness impulse of ‘Get Going’ in the mind.
- Electrical force is a facet of consciousness.
- Two-faced Magnetism powers the human and animal emotions – it ‘attracts’ and it ‘repels’. It is the impulse of human love and the impulse of hatred.
- Magnetism is experienced by all living things as emotion – feeling.

I have described this Truth fully in my **Letters 5 and 6.**

Not only this, scientific medical knowledge has discovered (what I understood so well in Palestine, over 2000 years ago) that all the thoughts taking form in your brain descend into your pituitary gland via your hypothalamus, and the negativity and emotional trauma (lowered vibrations) they contain is passed on to your organs, blood and entire body, causing a depletion in energy and eventual illness.

This is the phenomenon producing psychosomatic ailments acknowledged by the medical profession.

When in Palestine over 2000 years ago, I told the Jews not to worry about drinking from unwashed cups but to take note of and be concerned about what came out of their mouths. I have translated what was reported in the gospels in the New Testament into the kind of words I actually spoke to the Jews – who did not have the remotest idea of what I was trying to tell them. And sadly, the various ‘Christian’ churches are just as ignorant today.

How could they understand – they did not have the enlightenment I received in the Desert which illumined my mind and imprinted in my mind the spiritual knowledge of the Origins of Creation and Laws of Existence.

But YOU, who live in your world today, have had countless teachers coming to earth, explaining scientific facts; and also mystics who have led you into metaphysical, spiritual truths, preparing you for my **Letters** which contain the very highest Truth of all – the True Nature of your Source of Origin which you term ‘God’, and the Universal Laws of

Existence.

I now want you to think about the truly terrible and outrageous works certain people initiate in your world, – despite all these Teachers of facets of Truth.

The ongoing bloodshed in Iraq is a case which should make you all think deeply about the likely boomerang from such destructive actions.

I want you to think of this situation from a spiritual viewpoint which does not CONDEMN but sees the ‘truth’ inherent in the thoughts and actions involved in the situation.

Here you had a man, Saddam Hussein who was determined to take power in Iraq and bring about peace and plenty for his people. Unevolved in true spirituality, he used most harsh and violent ways to control a nation, to silence those people who gave him problems. These people used violence in an uprising against him and he poured violence back on them. Here were a tyrannical Dictator, and a sect of people of the same mental and moral level – their spiritual vibrations, despite all the prayer and outward religious show, were as dark and dense and low as it is possible to attain in your world today. Hussein and these unruly people deserved each other.

The Iraqi people tolerated him, some even admired and applauded him, because he kept peace for a volatile nation and gave them a chance to live their daily lives as peacefully as their innately aggressive natures would permit them.

He fell afoul of the USA, ANGERED ITS LEADERS, and equally governed by ego, these Leaders decided to punish Saddam Hussein by imposing sanctions. Later on, a humanitarian impulse prompted the inauguration of a system 'Oil for Food' which helped the hungry people of Iraq and gave America access to the oil they needed. But this measure was a severe blow to Hussein's pride and did not alleviate the national deprivation of general luxury and everyday goods enjoyed by their neighbours.

I want you, people of the world, to give empathetic thought to the enormous volumes of resentment, hatred, and anguish brought about by this action of a nation strong in their Abundant Wealth, armaments, trained soldiers, sailors and airmen.

I want you to understand that such NATIONAL EMOTION becomes a 'living force' of destruction of huge proportions.

It is certain that NO ONE truly on the path of CHRIST'S WAY – MY WAY – would ever have followed such a sadistic course. Faced with the problem of having to deal with a Saddam Hussein, such a leader, enlightened in the spiritual and scientific Laws of Existence, would have called a session of enlightened people to meet to meditate and to ask for guidance.

My guidance would most certainly have been to call a meeting with Saddam Hussein and to point out the tragedy which would eventually result from the impasse between the two countries. An enlightened Leader, instead of 'lording it' over Hussein and threatening him with war, would have asked him and his advisors to draw up a document, an

agreement which both countries could live with in friendship, and which would promote a growth and domestic enrichment programme for both countries.

Such an enlightened Leader would then read the Iraqi proposals to establish peace and harmony, would discuss them peacefully with a sincere desire to establish well-being for all. He would call on his enlightened people to meditate and bring back any adjustments WHICH HAD BEEN RECEIVED FROM MEDITATION.

In this way, the people under Saddam Hussein would have been gradually freed from the stranglehold of a tyrant, Saddam himself would have seen the benefits derived from a peaceful approach, instead of an aggressive one, and Arab States would have been impressed by the success of the venture. This would also have caused the Muslims to rethink their present interpretation of the Qur'an.

But what is the acknowledged and generally accepted **WORLDLY WAY?**

What has the 'Human Spirit' – the Human Ego accomplished today?

Consider whether there can be any lasting benefit from this behaviour, outlined below?

A peaceful nation, a peaceful people, already deprived of normal trade facilities with other nations, have been bombed nightly. Their buildings, built with great effort and expenditure of money, and offering various services to the people, are destroyed.

Night after night, innocent people have been subjected to the terror of bombs, asking themselves – ‘Where will they fall? Who will be hit? Will they find us in the rubble? Will we lose a family member? Will we all be killed?’

What have these people done to deserve such a terrifying ordeal, other than knuckle down and try to live as happily as they could under a tyrant whom the USA hates?

Prior to this, in the USA, another tyrannical fanatic sent planes to destroy the twin towers of the Trade Centre in New York. A great cry of fury, anger, revenge arose from the American people. They lost many people – loved ones – in the destruction. Every year, there are Christian church services remembering the dead and a great many tears are shed in the deluge of grief thinking of them.

Think for a moment: ‘Christian Services’ – is there any talk of FORGIVENESS of those who were instrumental in this destruction?

Are Americans shedding tears for the innocents who died under the hail of bombs deposited night after night for no good reason other than a vitriolic hatred of Hussein? Do they hold services for the Iraqi dead? Do they even consider that they have murdered innocents – who had no protection against the horrific USA weapons and had never done them a moment’s harm?

Just consider the weight of the emotional distress unleashed by all of this insufferable and arrogant destruction of another country – destruction

which has freed all the rebel fighting groups which Hussein had kept in check. Unleashed a most foul mode of killing others – the suicide bombs. Every time such bombs go off – thus killing innocent bystanders – the Americans who supported war against Iraq, should realise that it was their support which made such suicide bombing possible.

Just consider the unleashing of the gigantic, untold emotional vibrations of horror, hate, revenge, and retaliation that is now directed at America.

How do the Americans think that all this ‘Hatred Energy’ will be manifested against them?

Because it will be manifested as death and destruction. It is a Law of Existence. Even ‘Christian’ churches claim to believe this law.

Where there is no FORGIVENESS there is retribution in the form of Cause and Effect.

FORGIVENESS, complete and total and LOVING, dispels the violent hatred energies. Without forgiveness, they gather momentum from the ongoing resentment of the opponent.

Read the article on ‘**CRACKS IN YOUR PLANET**’ and then ask yourselves how all this terrifying load of hate will be manifested. Who, in America, will – SOONER OR LATER – be the targets?

Therefore I tell you clearly: In your home, in your community, in your town, in your State, in your country – FORGIVE whoever has injured

you in any way – big or small. Let this word ring out across your land through any means you have.

And if you cannot forgive easily because your ego will not let you – then bring your hurt and anger to Divine Consciousness (which I termed the ‘Father’ when in Palestine) and ask for Its inflow of Spiritual Directing Power to gently ease and remove the burden from your minds.

Will your religions tell you this? No, they did not when I was in Palestine, and they will not now.

Indeed, those who occupy the highest positions in the most powerful nations, and cause the most horrific damage in the world, are received with pomp and ceremony, smiles and handshakes by the religious leaders of the various ‘Christian’ religions. The blind grip hands and give blessings to the blind.

To hear TRUTH – YOU MUST COME DIRECT TO ME. I am truly alive and universal in being; COME and I will receive your call and will lovingly respond to it.

Have the courage to join CHRIST’S WAY and to follow the teachings I have brought the world in my **Letters**. They will show you how to remain in tune and accord with the LAWS of EXISTENCE.

They will help you come into harmony with the universe itself. And all things will then work towards your greatest good and happiness and protection.

Article 15 - The True Kingdom of Heaven on Earth

PDF439 - D426 - B393

This is the CHRIST speaking, January 2006.

I would that you could see and experience the world as it really could be for you. The living world, the entire creation ringing with joy. Your world has been created by **LOVE**, designed by **LOVE** to meet the personal needs of every single living entity as it has evolved over the millions of years of existence. If only you could become aware of this glorious joy and glowing **LOVE** as you walk in your garden or countryside.

If only you could enter into the consciousness of a magnificent tree as it stands straight and tall, spreading its branches for the birds to alight upon it and make their nest. If only you could enter into the consciousness of a bird as it finds the best nesting place, experience its pleasure and feel its love for the tree which provides a home and shade.

Everywhere, there is reciprocity of love flowing between living things –plants, insects, birds, animals, fish – and their environment. Only the predators put themselves outside this love consciousness.

Study the eyes of the predators, one and all, and compare their fierce intensity with the eyes of the non-violent herb and grass eaters – there you will see the ferocity of the one and the tranquility of the other.

As I said when I lived on your earth: **‘The eyes are the lamp of the soul.’**

And what you have not realised is that all eyes radiate to the world the inner quality of being. They radiate the inner consciousness which blesses what it sees – or shrivels it up with its own bad temper.

When you live entirely in your human consciousness – your thoughts, habitual modes of speech, your continual assessment of people and externals – you are unable to partake in this **JOY of EXISTENCE** which spontaneously wells up in the consciousness of all nonviolent living things – felt by all peaceful living things, – unless denied sustenance by drought.

You cannot feel it because your minds have developed along the lines of logic and reason and you act according to your will, imagination, desires and ego – and all of this mental activity blocks your spiritual mind at the top of your head; it prevents sixth sense contact with the beautiful world in which you live and which you do not remotely understand at all. You can see the bodies and the activities of insects, birds and animals, but you cannot enter into the consciousness of their mostly innocent, uncontaminated vitalizing life force.

You may think their consciousness is possibly like yours. But you would be wrong – because all living things other than humans live by intuition – and communicate in a way which is impossible to humans.

Yes, they communicate very clearly – over long distances. Yes, they communicate and rejoice together, more than you'll ever know.

It is the Hermit who sits with his begging bowl and meditates who may soar into infinity and experience the joy and the glory of Divine Consciousness in which **WE**, you and **I – ALL** – live and draw our eternal life and being. The Hermit can experience it in the silence and stillness of his mind, and can be uplifted into such ecstasy that he has no need of worldly living – indeed, he runs away from it.

People will say: ‘How wonderful, he has given up his life for God’. But this is an erroneous perception.

He gives up normal daily living to find the **TRUE LIFE of GLORY** out of which all creation has taken its form and being. There can be no greater experience of a glowing radiance and spiritual ecstasy than this.

But – it is escapism – offering great rewards and also defeating the purposes of existence in your world.

It is marvellous and wonderfully uplifting to rest in the effulgence of absolute Love and Tranquillity, for a while, and possess knowledge of this wonderful dimension of eternity for yourself. Here your mind may enter into transcendent facets of universal knowledge.

YOUR HUMAN LIFE TAKES ON NEW LUSTRE, LIGHT AND JOY AND GREATER MEANING.

But it is not your true purpose in life.

Your true purpose on earth is to **EXPRESS** in thoughts, words, deeds and desires the **DIVINITY** in which you have your being.

You can do this through meditation, through cleansing your mind of negative thoughts, by reaching out to others during the day to offer them a smile of friendliness, recognition of their being – that they too are **ALIVE** and are therefore important – co-existent with yourself, no matter what their status is in life.

What a tremendous joy it is to be able to love the man who has come down to rags, possessing nothing of material things, forced to live by begging – just as much as you may be able to love the man who has made untold wealth, prestige, and lives a life envied by others. This ability to love each and every one without reservations is indeed **DIVINE LOVE** – pure unconditional love. It is a quality of mind and heart where all sense of superiority or inferiority no longer exists.

‘Why should this bring one so much joy?’, you may ask.

It gives you joy beyond all imagining because you have risen high above the demands and critical senses of the self which judge and demean others.

What tremendous liberation of spirit you will experience when you can, at last, be insulted or defrauded by another but can still look through his words and actions and perceive his basic divinity. You now rest in a state of pure tranquil acceptance of what the human world may try to do to you, and you never cease smiling – because yours is a world of sunshine and spiritual light created by the Divine – and you are aware that those who try to hurt you have not yet managed to find this sacred world conceived and fashioned by Pure Love.

Knowing this so surely, so clearly, how can you **NOT** have only the deepest compassion and concern for them as they struggle, sometimes bravely, with their enmeshing ego?

As you learn to love all states of human being equally, you will come to intuit the actual state of earthly being of each person and will be able to perceive for yourselves what is valuable in life and what is mere ego ‘frosting’ for comfort and prestige.

You will no longer be led astray – or even moved – by outward show.

If you study **Letters 5 and 6**, you will be able to clearly see exactly why I say the world is made by **LOVE, IN LOVE** and sustained **by LOVE**.

When you fully understand why this is so, it is possible that you will go further in realisation and will see that to entertain any thoughts contrary to **LOVE** shuts you out of the basic Reality of Existence – it places you in a shadowy world where you can no longer see the world created by Divine Consciousness after the Big Bang – you can only see the **IMAGES** of that living world and cannot feel their joy.

Dwell for a moment on your world as it is today – the average mentality of men and women governed by ego – and then think of the joy and beauty of **WHAT REALLY IS** just beyond your normal vision – out of sight because of human thought – and **HUMAN BEHAVIOUR**.

All of my **Letters** are directed only at helping you lift yourselves out of any present misery you may be enduring and to make genuine contact with Divine Consciousness which will immediately set about rebuilding your health, strength and inner direction towards higher goals of existence. You can come out of your hell – but only **YOU** can do it for yourself.

YOU must do the work initially, but you can invite Divine Consciousness to enter your mind and heart and give you added strength to ensure you succeed.

As more and more people of a like-spirituality and spiritual perception bond together to seek the Kingdom of Heaven on earth, so will there be little pockets of spirit luminescence lighting up that dark world of yours, inviting more and more of its members to join you in your happiness.

How do you cleanse your consciousness? Remember that if you rely **ONLY** on your own human consciousness, you are calling up your ego to drive away your ego thoughts – and this is impossible. Ego cannot overcome ego. You have to wake up to the realisation that above the human consciousness, is the Superconsciousness of Divine Consciousness described in **Letters 5, 6, 7 and 8**.

You will never be able to enter into the consciousness of plant and insect life, because yours is a world of logical thought. But you can enter into Heaven on earth by learning how to get in touch with Divine Consciousness and inviting It to fill your mind and heart, giving new direction to your thought life – and then to your future life and activities as well.

I long for you to find true freedom from the ego and enter into the transcendent joy of Divinity whilst still on earth.

Messages

As each message is fairly short the entire message will be provided for the full context of what is being said. For the 2007 Message, each relevant section will be provided.

2007 Message - True Nature of Pure Love

PDF449 - D436 - B405

I WANT TO SPEAK BRIEFLY TO YOU ABOUT THE TRUE NATURE OF PURE LOVE of the highest realms of Consciousness and your perception of love in the lower frequencies of your world.

I want you to understand that even though I speak to you with all my transcendent Being of LOVE, I must still speak within the framework of your world thought in order to enlighten you.

Where I reside in the Consciousness of I AM – is PURE LOVE. As I descend in consciousness, my compassion grows and grows and forces me to move down in consciousness frequencies to enter into the consciousness of your plight in your modern world.

How can I help you understand this? Consider how it would be for you if you moved into a place of carnage, would not your loving concern be deeply compassionate? Would you not be passionate in your rejection of the scenes of suffering? Even so am I, although I know it is all part of the evolutionary process of transcending the ego individuality.

Only through the lessons of suffering will the journeying soul gain self-knowledge to retain individuality after it has discarded the ego.

I am LOVE – unconditional Love pure and simple, and in my words there is no judgement.

Therefore, if my words seem harsh when you do not expect harshness from me, since I claim to be LOVE personified, please understand that I have not descended at this time to have a loving visit with you, to give you words of comfort to lift your spirit, to tell you how blest you are in Reality but do not yet realise it. I have come to render you a loving service. I have come expressly to give you the worldly facts which cause you pain, illusory as they really are, to show you what you are all helping to create for yourselves.

Just as no loving and successful teacher enjoys the words he must use to help aggressive pupils see and acknowledge the harm they do in the classroom, so must I speak about your present condition in worldly words you may understand to enable you to work to rise above it. But I do not speak the words to condemn the action or the doer of the action. I am LOVE, the embodiment of PURE LOVE, but I speak as the situation demands to people who have not yet managed to overcome their ego frailties. I love all people – for I am all LOVE – but LOVE dons many masks in its loving attempt to reach out and help those who are seeking relief from present distress.

I speak to you with the words of logic because you have created your world to fit what you deem logical and therefore believable. If I were to approach you with the ‘meaning’ expressed by Love, you would be ‘all at sea’ because ‘the meaning’ would not conform to your logic and you would still refuse to believe that I have spoken.

LOVE transcends and eliminates the need for the Ten Commandments, but there are few in your world who can truly understand this.

2007 Message - True Nature of Consciousness

PDF451 - D438 - B407

I WANT TO SPEAK TO YOU ABOUT THE TRUE NATURE OF CONSCIOUSNESS – of the difference between UNIVERSAL CONSCIOUSNESS, **Divine Consciousness**, and human consciousness. You truly need to understand these differences to enable you to live spiritually pro-active lives within your world. Which is what I have come to help you do.

CONSCIOUSNESS Transcendent and human consciousness!

Consciousness is now a word used widely, even lightly, but is not fully understood by many dear seekers of Truth.

You have drawn your being from Universal Consciousness split into Divine Consciousness at the time of the Big Bang. (*See Letter 5*)

This is the perfect Consciousness of Loving Intelligence and Intelligent Love. IT is IMPULSES. These IMPULSES are the very basic energy, the MAINSPRING of all existence. This Consciousness is indeed within you, surrounds you, transcends you and can lift you in ever higher strata of spiritual ecstasy and ephemeral perception. This Consciousness is what many call ‘God’.

It is within you and transcends you.

But what humankind must fully realise is: that it is of such a high frequency of vibration, – so spiritually refined in meaning – that it cannot be drawn into your own human consciousness to make Itself known to you, until you begin to overcome your ego and ascend in spiritual perception of Truth.

Your ego is the barrier to Superconsciousness.

Only the most systematic and persistent daily attempt to cleanse your consciousness of ego thoughts and behaviour, will make it possible for **Divine Consciousness** to SEEP into your human consciousness bringing you new insight and perceptions. Illumined by new insight and perceptions, your thoughts, words, actions will begin to change.

When you SEE things differently, you will begin to ACT differently.

Your human consciousness is imperfect. It is fabricated out of selfish egotistical drives. Let not your ego resist this valid statement. You are in no way to be blamed for this, because the ego is divinely created in order to separate **Divine Consciousness** into individual people. You need the Ego. It defends you and it draws to you what you need to survive BUT it can overwhelmingly force an individual into behaviour which is sick psychologically speaking. You know that Ego is the impulse behind all the crime in the world.

I would have you know it impels people into such deep-seated narcissism and self-interest that anyone trying to arouse in such a mind any empathy or sympathy, is sadly blocked. No matter what topic may be raised, inevitably, such egotistical, narcissistic people draw the topic

back to themselves, how it affects them, how it concerns them exclusively, positively or negatively. Absorbed self-interest is like a thick dense fabric of consciousness energies sealing off the minds of people of every strata of society in every part of the world.

The degree of narcissism varies. I have come expressly to make you aware of it because such narcissistic people cannot live in harmony with other people as they are incapable of hearing the messages from others. This, as much as your crime, causes your misery on earth.

Here is a parable for you. Behold the little child playing in a sticky mud pit, making pies, covering itself with mud, enjoying every minute. Mother comes, exhorting the child to come and bath and get ready to go to a party. The child fiercely resists, crying. Eventually, mother has her way and the child, freshly groomed with hair shining and clad in smart party clothes enters the hall where the party is being held. It stares in astonishment. The glorious lights! The brilliant shrubs and flowers! The tables loaded with delicacies, cakes and jellies. And all the presents and games and fun the other children are having. The heart of this child is filled with radiant joy. Laughter begins to well-up and fill its entire being. This is so much better than its mud pit! All the washing and the scrubbing was worth it. How glad the child is that it listened.

2007 Message - Your Self-Will and Its Created Self-Delusions

PDF456 - D443 - B413

**I WANT TO SPEAK TO YOU ABOUT YOUR SELF-WILL AND ITS
CREATED SELF-DELUSIONS.**

Earthly Consciousness is a fabric you spin with your thoughts and feelings. If only you had heightened perceptions, you would see it as a kind of dense fog. This is released into the air around you. When it is not ignited with the powerful drive of desire, intention, purpose, it lies around you like so much waste. But when your thoughts and feelings unite in thought patterns of desire, or intention or purpose, you have created a life-form. That life-form is a blueprint, an electrical outline of your intention and the corresponding magnetic field of emotion draws particles of energy together to bring this driving intention into visible manifestation.

Please realise that this creation in the unseen around you is **YOURS**.

Out of your limited knowledge of yourself – yes, your very limited knowledge of yourself, what you really believe, how you really react in certain circumstances, how you really impinge upon your environment and affect other people, how truly honest you are in all circumstances – out of this very limited knowledge, you contrive to build these

consciousness forms – the blueprints of your desires, intentions and purposes to be experienced in the future.

You do this unknowingly until you realise what you are doing. Then you will possibly join a class where you will be taught to do it deliberately.

Believe me, these are spurious creations. **Do not do it.** You see with limited vision. You do not know how you can actually distort the paths of others by this belief that you know what is best for yourself or others. This is true error – this is a true trap for the unknowing. Created by the ego-drive.

Hundreds of thousands – probably millions – believe that because they say: ‘It is so’... *in faith*... that statement will make it so. But they have no idea of what really lies in wait for them because of the various cosmic influences which play a huge part in their daily experience. They do not know what lies in wait as a result of their thinking and behaviour in the past.

You cannot create the perfect life for yourselves – until you, yourself, are absolutely perfect within your mind, heart and actions and have worked through a kind of recompense for past hurts you have inflicted.

And yet millions of your financial currency are being spent on acquiring the knowledge of how to potently form such consciousness forms as will override all the energy blueprints surrounding you and make them null and void. You are all going in the wrong direction.

All that you seek in harmony and health will elude you until you fully understand that EGO cannot create PERFECTION, until you wake up to the beautiful all-giving nature of Divine Consciousness which is your true Source of Being, the true Source of health, achievement, and inspiration.

You are like children in a playground, playing together, making up stories of make-believe and wondering why the make-believe does not work. The children are excited and energised by the imaginative and happy stories they tell each other, but when they go home, they have to face the realities of life as their parents live it.

2007 Message - Healing and Sending Healing to Others

PDF458 - D445 - B415

I WANT TO TALK TO YOU ABOUT HEALING AND SENDING HEALING TO OTHERS.

To send any LIFE of lasting value, not just a flash in the pan of physical energy which may uplift another person for a short while, you must first draw IT from Divine Consciousness during deep meditation, and as you do so, redirect it towards the object of your good intentions.

There is nothing in your personal energies which will open the doors of another person's mind to Truth. Only Truth itself can open the doors, can bring insight, can bring healing. The little 'i' mind is nothing but human and finite electromagnetic consciousness, human opinions, prejudices, negative reactions, logical arguments and rationalisation born of previous experiences. Until the little 'i' of ego is able to see the Divine and open itself to receive the Divine in as great a quantity as it is prepared to give time to receiving, it will remain impervious to any Truth which may be presented to it. Indeed, it will vehemently reject it.

So many millions love to pray, love to ask, and hope they will be heard. So many people resist giving time to meditation. Why? Because they do not truly believe they will be in contact with Divine Consciousness. If they believed, meditation would surely be their most fulfilling time of

peace and joy during the day. When stresses arise, unhappiness presses down, misery weeps, how blest and wonderful it should be for you to say: 'I will take this to my 'Father' in Whom is all loving comfort and fulfilment of my present needs'.

This is what I did on earth, when perplexed, when happy – I took time to rest my mind and invite my beloved 'Father' to enter in fullness of power to take over and bring me deep peace and the strength and inspiration to continue my mission.

2007 Message - The Era of Love and Peace

PDF459 - D446 - B415

I cannot truly explain why I am here with you today if you have not fully understood my **Letters**. Until you understand them you cannot become the loving creative individual who is needed to bring about the Era of Peace so passionately longed for by people on earth, and yet so passionately withstood by people on earth.

I know well that this statement will be passionately resisted by many who will say: ‘God is accessible by all’. And they speak truly. But I repeat what I said on earth, and I mean it – and I speak the Truth although it may arouse in your hearts, rebellion:

‘The path you must walk to reach the longed for Era of Love and Peace is indeed narrow and absolutely straight.’

You may jump the path, but when your travels have eventually shown you that you have made a serious, even bitter mistake, you will find that your only sensible way forward is to get on the path again. Since your wanderings may have led you to create many, many blueprints of agony and sorrow, these will await manifestation in many ways, even as you struggle to master your consciousness anew to regain the path. But they will also cause you to seek *Reality* with greater fervour than before. Therefore, there is no wrongdoing in jumping your path, – no judgement of your choices of your actions, only timely lessons bringing you back to

your path. This is followed by the most blessed relief as again you become the recipient of what seems to be heaven-sent blessings and new joy in living.

Believe me, my beloved souls on earth, as you are now, you are not ready to bring about an era of peace. There is much talk about it, longing for it, belief that spiritual evolution has lifted you into a mindset capable of bringing you into an era of love and peace. But a great deal of this thinking is self-illusion, self-delusion. You forgive yourselves your mindsets, your thoughts, words, actions because you are in the world, fettered, blinded by your ego. You struggle bravely to adopt a more loving way to think, feel, respond to every experience, but whilst you remain the single moving force within your consciousness, the ego will eventually win.

How will you respond if someone enters your home and wrecks it? Will you forgive them instantly because of your deep compassion for their enormous insecurities in life? – because you know that there is no loss when you can draw abundantly from the ‘Father’ again. You will be able to do this when you have become fully at one with Divine Consciousness.

How will you respond if someone should slander you in public and try to destroy your good name? Will you be able to smile lovingly, peacefully and sincerely bless that person? You will when you enter the ERA of LOVE and PEACE because there will no longer be any ego in you to resist any denigration. You will see the denigrator clearly and will understand the impulse which impels him to harm another. Even more, your good name will no longer matter. You will be joyously in harmony

with your Source of Being and that will open vistas of such ecstatic living which will reveal all lesser things to be of no account – *mere negative illusions*.

Can you bear to have your little inadequacies pointed out to you and accept them without needing to pull the cloak of protection around you –the cloak of explanations and excuses? The more you can transcend your ego, the less will your inadequacies bother you. You will accept correction with grace and love and will make up your mind to do everything right in the future. This is true spiritual evolution.

Only the mindset of one who has conscientiously worked through the full process of cleansing of consciousness, and constantly called on Divine Consciousness for help to become the embodiment of compassionate love, will be able to co-create – yes – co-create the kind of existence you would dearly love to experience on earth.

Do you realise how many people there are throughout your world who imagine they have found and practise unconditional love and yet they are ever on the look-out for other people who do not measure up to their standards of behaviour and are exhilarated and happy to judge or chastise them? How can such a mind create an era of love and peace?

A spider spins its web. You spin your environment, health and well being in your minds with your desires, your intentions, your purposes. This is not a process of judgement, you must understand – this is purely a statement of the reality within electromagnetic energies. This is your truth. Until you fully acknowledge this and decide to seek conscious

union with the Divine at all times, – the Era of Love and Peace will escape you.

When you have embodied the transcendent glory of love and compassion within your consciousness, when your consciousness is at rest, peaceful, without the least stain of criticism and rejection of any kind of otherness, you will indeed become a member of the Kingdom of God.

Until that time comes, I would have you KNOW that I am available, accessible at all times, compassionately aware and compassionately understanding of all you are having to endure at this moment. I am available as your love, your comfort and your reassurance. I am your Life, I am your Way, and I am your Truth. I love with deep compassion and an urgent longing to relieve you of your present burdens. And I will relieve you of them if you will but come to me and let me respond with the warmth of my presence, and guidance and insight to help you rise above your present frailties and sadness.

Therefore, to help all those on earth who are willing to listen and accept my words and seek my comfort, I say to you what I said in my **Letters**:

It must be widely accepted that, in order to achieve a state of contented peace on earth, there must be a HIGHER VISION to strive to implement in your daily lives. Only by reaching for a higher vision will the physical world be rescued from widespread annihilation when unenlightened people will sadly reap of their present chaotic sowing.

This is not a judgement of criticism or condemnation, dear souls, but a statement born of the Laws of your Existence.

Without the higher vision either for the self or for the world, there can be no spiritual evolution or the achievement of that state of being when Divine Consciousness Itself will be clearly evident in you, your lives, and your circumstances. At that time, you will all have become transparencies of Divine Consciousness and as such you will experience a quality of life previously undreamed of.

2007 Message - Meditation

PDF463 - D450 - B419

Only through meditation will you be enabled to still and quieten your mind completely.

Only then, can Divine Consciousness enter your brain cells bringing Its own knowledge into your mind. Only then can the flaws of ego be slowly dissolved from your brain cells and nervous systems.

I am seeking people who are willing to set aside their self-absorbed search for spiritual felicity, seeking spiritual ways to live a better life, own more possessions.

I am looking for people who will be willing to bond together in a mutual support system to begin to rebuild themselves to become fit to join in creating the Kingdom of Heaven on earth, when Divine Consciousness will reign supreme in the consciousness of all Heaven's people.

To achieve this purpose, I will set out clearly what true Members of the Kingdom of Heaven on earth will be willing to accept. The rules that Members must agree to try to implement in their lives daily, followed by the reasons why the rule is so important are outlined in the following topic starting:

**MEMBERSHIP FOR THE 'ERA of LOVE & PEACE' or
'KINGDOM OF HEAVEN' on EARTH**

Please reference page 464 of the PDF file (document page 451) for the full text if you would like to read it all again.

2014 Message - A Higher Vision

PDF475 - D462 - B431

I HAVE SAID YOU NEED A HIGHER VISION IN ORDER TO BRING ABOUT RADICAL CHANGES IN YOUR WORLD.

But I have not told you how to achieve a Higher Vision and how to bring it into being. Without this more detailed knowledge, you will find this commandment difficult to fulfill. I have seen the many hundreds of people who have taken my words into their hearts, who have longed to bring them into manifestation in their lives and for the benefit of the planet.

So much love is being expressed as a result of this call to create a Higher Vision, that it is now essential that I come again to help you begin to work consciously, intelligently and lovingly to create a new world.

If you look back over the last five thousand centuries of individual human development on earth, with the assistance of your history books, and also the writings of noted Writers and philosophers from different countries and centuries, you can see that the changes in thought and style of living did not just happen, they took place only because of the changing blueprints of consciousness taking place in the highly

intelligent minds of more advanced thinkers. They presented their thoughts and ideas to the public and as these were absorbed with respect by the public, so did the new ideas take different shapes in the human mind of the populace. Thereafter, gradually, these new ideas appeared manifested as a slightly new mode of behaviour, and also affected national life generally in one form or another. Any and all changes have taken place as a result of someone having a new idea which impacts strongly on public sensitivities and is absorbed by them. You will say this is just common sense. Yes, it is, but we have to build our new perceptions on the ground of common sense, otherwise you will find yourselves rejecting them.

If you look back to what were, in England, the Victorian and Edwardian days, and known by other terms in other countries, 1845 -1919, you may remember that life in England was very disciplined by the strong traditional rules imposed by laws from Parliament and by members of the aristocracy and Upper Classes. All of these laws and rules were formulated by generations living comparatively roughly, but gradually being smoothed and refined by the developing thoughts of the Thinkers in the country. As a result of the visions of these Thinkers, the various appurtenances of civilisation were adopted: sanitation, paved streets, places of refuge to help the underprivileged, MANNERS BECAME STRICTLY STREAMLINED TO ENABLE PEOPLE TO LIVE PEACEFULLY WITH EACH OTHER. And people went to church and listened to what their preachers had to tell them about damnation and hellfire if they committed sin. You will see that people were able to live tranquil lives as a result of the disciplines voluntarily adopted by the nation on the whole, and this continued until the hidden and subversive

elements of human thought and consciousness erupted in wars. All strong emotional thought must manifest eventually. The conflict brought an opportunity to young men to express their hidden aggressive tendencies which had remained hidden. That is why the men and boys flocked to join up in 1914.

But when the war was over, the consciousness of the populace changed again because it had experienced the pain and the anguish of the manifestation of human subversive, aggressive, retributive impulses active in warfare conflict. English people wanted no more war — they wanted fun! The Churches no longer held the respect of the people as they had before the war.

However, the last war, 1939-1945, brought society itself into an upheaval. The previously downtrodden masses, directed into the three Fighting Forces in the war, had an opportunity to demonstrate hitherto unsuspected intelligence and skills. As a result, the class barriers were largely broken down and the previously underprivileged people were now given the opportunity to further their education and move up into professional positions.

Sadly, as these opportunities took place, the consciousness, inherited from babyhood in impoverished homes, were not replaced by life-giving thoughts. The old feeling of life not being fair, of being hard done by, of being rejected by the wealthy, remained, and produced a great deal of negative reaction — Instead of the new opportunities afforded to people generally producing a high degree of an elation of spirit, a belief in

success, achievement and happiness, there was also a very negative, life-undermining consciousness at work in the minds of the population, destroying much of the well-being and joy that should have been built up after the last war, with the advent of a huge amount of Technical skills and discoveries, contributing to the general well-being of human beings.

But, in search of fun and frivolity, the rules for living decent lives were relaxed and gradually cast aside, with the result that the ill-effects of such undisciplined living imbued the consciousness of the masses. They began to experience high levels of misery and despair as a result of emotional upheavals, these in turn led to abnormal reactions of aggression and hatred. People burdened with these impulses of negative reaction, endeavoured to relieve the pain through sexual excesses. These increased as they were talked about and advertised in the media, films, TV, Radio — the more they were talked about, the more they took hold of people's minds and flourished, leading to ever worsening crimes against each other.

And this is where you are now. In addition to what has been going on in people's minds and externalizing in planetary behaviour and experiences, you have the hugely negative effect of such aberrant thought and behaviour on the 'matter' of the planet itself — because, as I told you in Letter 1, and you probably did not believe me, but when I was in the desert, I was able to see how a change in my consciousness did affect the vibration of motes around me — speeded them up or slowed them down, and thus the appearance would change so very slightly that an ordinary onlooker would never have noticed the changes.

But I was just one man bringing my mind to bear on my environment — what of whole cities, countries, reading newspapers, absorbing all the latest scandals and crime and carrying that around during the day — what of that kind of DESTRUCTIVE consciousness — how would that manifest in your world — would it not go to the areas on your planet which have faults, areas where the composition of rock and earth is fractured, made friable, less packed and stable?

What about the weather? There are those amongst you who are well aware that consciousness does affect the nature of the weather.

Everything in your life is CONSCIOUSNESS. YOU CANNOT THINK TO YOURSELVES THAT THIS IS CONSCIOUSNESS AND THAT IS SOLID MATTER —

EVERY SINGLE THING IS ACTUALLY CONSCIOUSNESS MADE VISIBLE and human minds are creating it minute by minute.

Can you begin to see why I HAVE CALLED ON THOSE PEOPLE WILLING TO HEAR, AND THERE HAVE BEEN SO MANY, MANY GLORIOUS HUMAN BEINGS, WHO HAVE RESPONDED TO MY CALL TO BEGIN TO CREATE A HIGHER VISION IN ORDER TO BRING ABOUT CHANGES AND RESCUE YOUR PLANET?

So how do you set about it?

In the first place, each one of you must go to Divine Consciousness, in meditation.

What do I mean by ‘meditation’?

I mean an emptying of yourselves of your Will to be in charge of your life.

I mean a reaching out in your minds to the vastness of space, seeking contact with that which brought you into being. Close your eyes and keep them lifted to the top of your forehead. Surrender your Will, ask to be filled by Divine Consciousness in order to be inspired with new ideas of what the world ought to be. If ideas come to you during your contact with Divine Consciousness, the moment you come out of your meditation, write down these ideas in your spiritual journal, which everyone should keep.

Begin to think about the reality of living in unconditional love with everyone. What does that really mean? What will your lives be like? What kinds of feelings are rising within you? Create such a place in your mind for as long as you feel happy within it. Give little parties of unconditional love only. What do you learn from them? Talk about your discoveries regarding your present form of consciousness.

You are having to live in two dimensions at this moment. You are in the world with all its mayhem and unpleasant consciousness — and also its wonderful drive towards seeking spirituality in mind, emotions and body. You must choose, or imagine, as consistently as possible, that you are within the protection and well-being of Divine Consciousness.

This means that when you are brought into contact with the unpleasant consciousness forces in life, you must continually pray to Divine Consciousness to help you ignore the hurt, the disgust, the rejection of offenders which your humanity, your ego would have dragged you into, and instead, rise into an awareness of Divine Consciousness as being the only Reality in your lives. And therefore, you will enter and remain poised in forgiveness, with a concerned caring for the erring person's well-being and happiness.

At the very beginning of your striving to live in this non-reactive and pro-active way — which requires you to consciously reject the state of ego reaction and enter the second state of pro-activity — you will find it very painful and annoying to have to let go, overcome, the old sense of having been badly treated, but as you persist, joyfully, you find one day that you are able to move immediately into a state of pro-active joy, forgiveness, understanding and caring concern for whoever has, just that moment, upset your equilibrium.

When you achieve this level of loving response to outer dark influences, you have established a framework of Divine Consciousness on earth.

Pause here and try to fully understand that You have created an area of wholeness on the earth and this does not dissolve. Each time, you can retain love in your heart in the face of opposition, you have built a little oasis of Divine Love in your environment. You will perceive that as more and more people on earth strive to respond to darkness in this way, the darkness itself will be affected — it cannot be otherwise, and so will the ranks of those striving to create the Kingdom of Heaven on earth, begin to increase and swell, and eventually the voices of the Divine will begin to enlighten the responses of those who are still unenlightened.

And what will be happening on earth whilst individuals are creating their own little oasis of Divine Love on earth? These oases will manifest as long-desired benefits in human society. They will enable human beings to rectify the mistakes made in the past years since the last war. Public services will begin to improve, humanity will begin to take on board new ethics governing their behaviour which will ensure that they treat their fellowmen with loving consideration and compassion. As this happens, prosperity will begin to return, poverty will abate, health will become ever more flourishing, arising from the new loving responses in people's hearts and minds. There will be benefits which at this moment you cannot even imagine

because they will accrue from a high spiritual consciousness, beyond your conception at the present moment.

This is how you will create the Kingdom of Heaven on Earth.

I have just one word of warning. None of this will happen until people become aware that their own human thinking only has power over the ‘matter’ of the world — it is not spiritual.

The ‘I’ of each person is not the soul — the soul is hidden within the ego.

Please note well, all followers of Christ’s Letters, who have also followed other spiritual leaders: Your ego remains in control of your consciousness until you have, little by little, drawn into your minds, the transcendent Divine Consciousness to gradually spiritualise your mental processes.

Will you please note: I have to tell you that human seekers of spirit have been misled by teachers who have only absorbed certain facets of my message.

When water is poured into porridge, it softens the porridge but it is absorbed into the porridge and takes on the consistency of the

porridge. So it is when spiritual inspiration flows into a receptive mind. It takes on the nature of the human mind. Very rarely is the inspiration so powerful that it can enter and flash its Truth into such a powerful awareness, that a person's beliefs are immediately changed. This is why inspired people teach many versions of Truth.

The fatal version is when people are told that they are Divine because they have drawn their being from Divinity.

The truth is, they can draw little streams of inspired consciousness into their minds, and very little by little, the darkness of the human ego is dissipated and is illumined by Divine Inspiration. Eventually, the consciousness is fully illumined, and the ego is overcome. When this happens to a person, that person becomes fully UNIVERSAL in Consciousness and is no longer aware of any desires for the self at all.

It focuses on otherness entirely and lives only to experience the rapture and ecstasy of Divine Consciousness and to lovingly promote the wellbeing of others.

This is CHRIST CONSCIOUSNESS.

This is why I descended to write this Letter for you.